

## COMA Individual Records (Short Course Meters) -- as of 3/20/2022

<b>WOMEN 18-24</b>			<b>MEN 18-24</b>			
30.81	Jessica Burley	12/10/06	50 M. Free	26.40	Brendan Hanson	12/8/01
1:05.90	Jessica Burley	12/5/04	100 M. Free	58.31	Connor Brenda	12/7/13
2:36.49	Jessica Burley	06	200 M. Free	2:09.91	Greg Welch	94
5:22.37	Jessica Burley	06	400 M. Free	4:56.22	Travis Smith	4/28/13
			800 M. Free	10:44.31	Sean Burton	97
			1500 M. Free	19:15.78	Greg Welch	94
42.41	Christina Wilkinson	11/9/03	50 M. Back	42.85	Lindon Powell	12/10/11
1:14.21	Angela Coburn	11/19/06	100 M. Back	1:00.96	Connor Brenda	12/7/13
2:41.78	Angela Coburn	11/19/06	200 M. Back	2:52.91	Travis Smith	10/14/12
40.99	Angela Coburn	11/19/06	50 M. Breast	32.19	Connor Brenda	12/7/13
1:26.90	Angela Coburn	11/19/06	100 M. Breast	1:23.82	Travis Smith	4/27/13
3:06.69	Angela Coburn	11/19/06	200 M. Breast	3:00.53	Travis Smith	4/27/13
32.67	Jessica Burley	12/10/06	50 M. Fly	30.41	Brendan Hanson	12/8/01
1:13.26	Jessica Burley	12/5/04	100 M. Fly	1:06.24	Brendan Hanson	12/8/01
			200 M. Fly			
1:16.63	Jessica Burley	12/10/06	100 M. I. M.	1:03.70	Connor Brenda	12/7/13
2:44.81	Jessica Burley	12/5/04	200 M. I. M.	2:34.88	Nathan Collins	3/8/15
6:12.77	Angela Coburn	11/4/07	400 M. I. M.			
			3000 M. Free			
			6000 M. Free			
			1 hr M. Free			
3:49.62	Jessica Burley	12/10/06	300 M. Pentathlon	4:04.14	Lindon Powell	12/10/11
7:54.23	Jessica Burley	12/5/04	600 M. Pentathlon			
			1200 M. Pentathlon			
			2100 M. Brute			
<b>WOMEN 25-29</b>			<b>MEN 25-29</b>			
30.45	Candace Christensen	95	50 M. Free	24.35	Logan Madson	12/10/11
1:05.85	Candace Christensen	95	100 M. Free	57.70	Tim Farrington	2/28/10
2:27.04	Sara Quan	01	200 M. Free	2:06.10	Tim Farrington	2/22/09
4:46.98	Sara Quan	01	400 M. Free	4:38.40	Tim Farrington	12/14/08
9:54.51	Sara Quan	01	800 M. Free			
18:29.45	Sara Quan	01	1500 M. Free			
34.71	Tori Eisenbeis	01	50 M. Back	27.44	Logan Madson	12/10/11
1:17.17	Tori Eisenbeis	01	100 M. Back	1:14.45	Scot Elliott	11/9/03
2:45.78	Tori Eisenbeis	01	200 M. Back			
38.37	Sara Quan	5/4/02	50 M. Breast	31.81	Logan Madson	12/10/11
1:27.91	Kelsey Holmberg	11/13/10	100 M. Breast	1:16.11	Scot Elliott	11/9/03
3:06.05	Sara Quan	01	200 M. Breast			
33.18	Sara Quan	5/4/02	50 M. Fly	26.00	Logan Madson	12/10/11
1:16.48	Sara Quan	01	100 M. Fly	1:04.76	Tim Farrington	2/28/10
2:44.47	Jenny Marine	4/18/04	200 M. Fly			
1:14.16	Sara Quan	5/4/02	100 M. I. M.	59.79	Logan Madson	12/10/11
2:49.53	Kelsey Holmberg	11/13/10	200 M. I. M.	2:21.44	Tim Farrington	2/22/09
5:53.21	Jenny Marine	4/18/04	400 M. I. M.	5:17.09	Tim Farrington	12/14/08
48:00.99	Wendy McGrane	1/31/06	3000 M. Free			
			5000 M. Free			
			1 hr M. Free			
3750 m	Wendy McGrane	1/31/06	300 M. Pentathlon	2:49.39	Logan Madson	12/10/11
3:51.20	Tanya Ogle	4/3/02	600 M. Pentathlon	7:22.25	Scot Elliott	11/9/03
8:01.45	Kelsey Holmberg	11/13/10	1200 M. Pentathlon			
18:01.74	Jenny Marine	12/5/04	2100 M. Brute			
<b>WOMEN 30-34</b>			<b>MEN 30-34</b>			
29.84	Becky Potvin	12/14/19	50 M. Free	25.58	Wil Fitzpatrick	11/19/06
1:07.11	Sara Quan	11/14/04	100 M. Free	58.15	Phil Reget	00
2:17.92	Sara Quan	11/14/04	200 M. Free	2:06.09	Kerry Claussen	4/18/04
4:43.59	Sara Quan	11/14/04	400 M. Free	4:53.71	Aaron Rodriguez	4/28/13
9:45.42	Sara Quan	12/15/02	800 M. Free	11:29.47	Robert Gilman	5/4/02
19:05.91	Amy Halligan	00	1500 M. Free	20:09.93	Eric Steinhaff	92
38.94	Becky Potvin	12/14/19	50 M. Back	30.29	Wil Fitzpatrick	11/19/06
1:20.43	Sara Quan	9/11/05	100 M. Back	1:13.04	David Brain	12/5/04
2:43.44	Sara Quan	12/15/02	200 M. Back			
38.37	Sara Quan	9/11/05	50 M. Breast	30.59	Tamas Bessenyey	12/10/11
1:22.10	Sara Quan	9/11/05	100 M. Breast	1:23.92	Pieter Bergmans	12/5/04
2:57.02	Sara Quan	11/14/04	200 M. Breast			
33.55	Michelle Morrell	95	50 M. Fly	28.28	Tamas Bessenyey	12/10/11
1:15.84	Sara Quan	9/11/05	100 M. Fly	1:07.66	Eric Steinhaff	92
2:45.37	Amy Johnson	4/28/13	200 M. Fly			
1:15.86	Michelle Morrell	95	100 M. I. M.	1:10.52	Tamas Bessenyey	12/10/11
2:44.37	Michelle Morrell	95	200 M. I. M.	2:37.62	Scot Elliott	4/2/06
5:46.03	Amy Halligan	00	400 M. I. M.	5:53.48	Rob Higley	99
43:26.99	Jenny Marine	1/31/06	3000 M. Free			
			6000 M. Free			
			1 hr M. Free			
4145 m	Jenny Marine	1/31/06	300 M. Pentathlon	3:08.96	Tamas Bessenyey	12/10/11
3:32.31	Sara Quan	5/4/02	600 M. Pentathlon	7:50.44	Pieter Bergmans	12/5/04
9:36.51	Grace Ogawa	12/8/18	1200 M. Pentathlon			
21:11.74	Andi Pape	12/10/06	2100 M. Brute			
29:08.11	Amy Johnson	12/8/12				

**COMA Individual Records (Short Course Meters) -- as of 3/20/2022**

**WOMEN 35-39**

27.50	Amy Ward	8/31/11
1:00.69	Amy Ward	8/31/11
2:12.79	Amy Ward	8/31/11
5:02.03	Kristine Senkier	11/4/07
10:27.24	Sara Nelson	2/18/07
19:29.57	Sara Nelson	2/18/07
34.95	Amy Ward	12/10/11
1:11.01	Amy Ward	8/31/11
2:52.53	Sara Nelson	2/18/07
36.50	Jayna Tomac	2/18/07
1:20.39	Jayna Tomac	12/9/07
2:58.87	Jayna Tomac	12/9/07
30.98	Amy Ward	8/31/11
1:15.79	Cheryl Morgen	12/10/06
3:05.12	Cheryl Morgen	11/2/08
1:14.02	Jayna Tomac	2/18/17
2:48.57	Sara Nelson	2/18/07
6:31.57	Tara Godlove	11/14/09
47:46.99	Elizabeth Strausbaugh	1/21/13
3785 m	Elizabeth Strausbaugh	1/21/13
3:37.40	Amy Ward	12/10/11
8:06.46	Stacey Kiefer	12/10/16
17:48.87	Stacey Kiefer	12/9/17
29:52.99	Stacey Kiefer	12/9/17

**WOMEN 40-44**

29.42	Karen Allen	4/18/04
1:08.30	Barb Harris	02
2:21.68	Stephanie Schultz	11/1/08
4:57.19	Sara Nelson	12/10/16
10:04.07	Sara Nelson	12/10/16
19:02.10	Sara Nelson	12/10/16
35.81	Gillian Salton	4/27/13
1:17.60	Barb Harris	02
2:56.95	Gillian Salton	3/17/13
41.68	Karen Allen	4/18/04
1:29.91	Stacey Kiefer	12/8/18
3:01.20	Sara Nelson	12/5/15
32.63	Barb Harris	02
1:14.70	Stacey Kiefer	12/8/18
2:53.92	Amy Johnson	12/11/21
1:16.76	Barb Harris	02
2:45.86	Sara Nelson	12/5/15
6:02.21	Sara Nelson	4/26/13
44:08.99	Stephanie Schultz	1/31/07
4050 m	Stephanie Schultz	1/31/07
4:16.30	Pam Zigler	12/5/04
8:01.12	Stacey Kiefer	12/8/18
31:28.66	Gillian Salton	12/8/2012

**WOMEN 45-49**

30.54	Gillian Salton	4/27/13
1:10.92	Mary Sweat	10/29/05
2:31.97	Mary Sweat	10/29/05
4:57.06	Sara Nelson	7/7/2017
10:32.95	Mary Sweat	10/29/05
19:49.05	Mary Sweat	11/14/04
35.81	Gillian Salton	4/27/13
1:17.97	Gillian Salton	4/28/13
2:49.73	Gillian Salton	4/28/13
40.53	Cathy Imwalle	97
1:28.09	Cathy Imwalle	97
3:11.55	Cathy Imwalle	97
34.34	Cheryl Morgen	12/6/14
1:19.75	Cheryl Morgen	12/10/16
3:05.78	Joanie Krehbiel	11/19/06
1:21.40	Cathy Imwalle	97
2:56.59	Gillian Salton	4/28/13
6:19.00	Gillian Salton	4/26/13
41:08.31	Mary Sweat	1/31/05
4345 m	Mary Sweat	1/31/05
3:53.04	Gillian Salton	12/10/16
9:15.74	Cheryl Morgen	12/8/18
19:42.58	Joanie Krehbiel	12/10/06
33:18.45	Cherie Touchette	12/14/08

**MEN 35-39**

26.95	Mike Tennant	92
59.59	Hardy Lussier	11/9/03
2:10.91	Hardy Lussier	4/18/04
4:34.78	Tim Nelson	11/14/04
9:40.34	Tim Nelson	11/14/04
20:24.20	Rob Higley	03
31.59	Steve Mann	92
1:07.80	Jacob Swinn	12/14/19
2:38.12	Hardy Lussier	12/5/04
32.27	Stephen Williams	4/2/06
1:14.19	Stephen Williams	4/2/06
2:43.65	Hardy Lussier	12/5/04
27.75	Stephen Williams	4/2/06
1:03.05	Hardy Lussier	11/9/03
2:19.78	Hardy Lussier	12/5/04
1:07.06	Hardy Lussier	4/18/04
2:26.31	Hardy Lussier	11/9/03
5:16.95	Hardy Lussier	12/5/04
41:04.00	Rob Higley	1/31/03
1:23:48.99	Brett Crandall	10/28/17
4380 m	Rob Higley	1/31/03
3:29.27	Franz Binder	11/14/09
6:53.18	Hardy Lussier	11/9/03
15:13.30	Hardy Lussier	12/5/04
31:21.59	Brian Hemphill	12/8/12

**MEN 40-44**

26.80	Mike Tennant	94
56.25	Hardy Lussier	4/2/06
2:03.40	Hardy Lussier	2/19/06
4:36.15	Tim Nelson	06
9:55.35	Tim Nelson	2/18/07
18:46.52	Tim Nelson	2/18/07
31.15	Steve Mann	94
1:08.43	Steve Mann	95
2:26.32	Matt Gilman	3/19/17
34.79	Hardy Lussier	2/19/06
1:13.52	Hardy Lussier	2/19/06
2:45.04	Hardy Lussier	11/14/09
28.89	Jacob Swinn	3/20/22
1:05.43	Jacob Swimm	2/20/22
2:21.58	Hardy Lussier	11/14/09
1:05.32	Matt Gilman	3/19/17
2:31.42	Steve Mann	95
5:17.60	Hardy Lussier	11/14/09
38:50.99	Hardy Lussier	1/31/06
4635 m	Hardy Lussier	1/31/06
3:26.17	Christian Tujo	12/6/14
7:30.28	Chris Tujo	12/10/11
15:15.17	Hardy Lussier	11/14/09
32:31.05	Steve Wursta	12/17/08

**MEN 45-49**

25.99	Hardy Lussier	12/10/11
56.48	Hardy Lussier	4/28/13
2:10.36	Hardy Lussier	3/17/13
4:24.00	Hardy Lussier	4/28/13
9:13.34	Hardy Lussier	4/27/13
17:42.47	Hardy Lussier	4/26/13
33.06	Steve Mann	97
1:07.54	Darren Kling	12/5/15
2:31.55	Jamie Proffitt	4/27/13
33.02	Hardy Lussier	12/10/11
1:17.04	Darren Kling	12/5/15
2:49.70	Hardy Lussier	11/13/10
29.20	Hardy Lussier	12/10/11
1:03.92	Hardy Lussier	4/27/13
2:24.06	Hardy Lussier	11/13/10
1:05.67	Hardy Lussier	12/10/11
2:27.42	Darren Kling	12/5/15
5:14.14	Hardy Lussier	11/13/10
36:21.99	Hardy Lussier	10/27/13
4900 m	Hardy Lussier	1/31/13
3:07.67	Hardy Lussier	12/10/11
6:56.81	Darren Kling	12/5/15
15:23.43	Hardy Lussier	11/13/10
29:26.34	Chris Tujo	12/8/18

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### WOMEN 50-54

31.82	Cheryl Morgen	12/14/19
1:08.88	Denise Stuntzner	3/9/14
2:34.27	Cherie Touchette	12/9/17
5:24.72	Cherie Touchette	4/28/13
11:06.79	Kris Denney	12/10/11
21:00.24	Kris Denney	12/10/11
35.01	Beth Martell	3/12/22
1:16.18	Beth Martell	3/12/22
2:44.77	Beth Martell	3/13/77
45.14	Gillian Salton	12/11/21
1:44.63	Pam Himstreet	97
3:37.31	Pam Himstreet	12/7/13
33.32	Cheryl Morgen	12/11/21
1:17.01	Denise Stuntzner	3/9/14
3:09.84	Cheryl Morgen	12/14/19
1:17.70	Beth Martell	3/13/22
2:47.06	Beth Martell	3/13/22
5:54.96	Beth Martell	3/13/22
54:43.88	Lynn Albrow	11/11/13
3315 m	Cynthia Larkin	1/30/13
3:59.44	Gillian	12/11/21
13:36.63	Connie Peterson	11/14/09
31:16.34	Kris Denney	12/10/11

### WOMEN 55-59

31.22	Susie Rabiah	3/20/22
1:07.62	Valerie Jenkins	3/12/22
2:33.69	Susie Rabiah	2/20/22
5:34.33	Kris Denney	12/5/15
11:15.68	Kris Denney	12/5/15
21:09.58	Kris Denney	12/5/15
34.74	Valerie Jenkins	3/13/22
1:16.14	Valerie Jenkins	3/12/22
3:11.93	Cherie Touchette	12/8/18
46.07	Madeleine Holmberg	2/28/10
1:44.62	Madeleine Holmberg	4/5/09
3:36.46	Teri Hendryx	5/18/08
34.34	Susie Rabiah	3/20/22
1:27.77	Betsy Hanson	12/8/18
3:13.66	Betsy Hanson	12/14/19
1:19.65	Valerie Jenkins	3/13/22
3:16.04	Madeleine Holmberg	3/21/10
6:41:53	Kris Denney	12/5/15
2970 m	Jeannie Groesz	1/31/07
4:50.02	Deb Douglas	11/14/09
19:48.27	Cherie Touchette	12/8/18
32:17.97	Cherie Touchette	12/8/18

### WOMEN 60-64

35.21	Janet Gettling	11/6/11
1:20.00	Cathy Imwalle	12/10/11
2:47.77	Kerri Roussain	12/14/19
5:42.95	Kerri Roussain	12/14/19
11:34.70	Kerri Roussain	12/14/19
21:52.09	Kerri Roussain	12/14/19
43.41	Madeleine Holmberg	4/28/13
1:31.22	Cathy Imwalle	12/10/11
3:16.75	Madeleine Holmberg	4/28/13
43.33	Christy Hartman	2/23/14
1:38.41	Janet Gettling	8/20/11
3:42.51	Janet Gettling	11/6/11
34.30	Arlene Delmage	3/12/22
1:37.81	Janet Gettling	12/8/12
2:52.60	Arlene Delmage	3/13/22
1:22.92	Arlene Delmage	3/13/22
3:17.47	Madeleine Holmberg	4/28/13
7:02.17	Madeleine Holmberg	4/26/13
58:34.99	Linda Carstens	10/6/14
3035 m	Jeannie Groesz	1/31/10
4:19.04	Janet Gettling	11/13/10
9:46.80	Madeleine Holmberg	12/7/13
36:09.13	Joanie Krehbiel	12/11/21

### MEN 50-54

25.89	Jim Ivelich	4/28/13
58.21	Mike Tennant	12/7/03
2:06.88	Hardy Lussier	3/19/17
4:37.91	Hardy Lussier	3/19/17
9:48.00	Hardy Lussier	12/10/16
18:09.31	Hardy Lussier	12/10/16
33.85	Gary Oliver	11/2/08
1:14.92	Bob Bruce	3/17/02
2:47.86	Bob Bruce	12/9/00
35.19	Jim Ivelich	4/14/12
1:21.33	Gary Oliver	5/18/08
2:53.06	Gary Oliver	12/7/08
29.42	Gabe Duus	3/12/22
1:07.40	Gabe Duus	3/12/22
2:43.48	Kris Calvin	3/25/12
1:10.12	Gary Oliver	12/7/08
2:31.09	Gary Oliver	12/7/08
5:27.54	Gary Oliver	2/22/09
38:14.99	Hardy Lussier	10/28/17
1:16:16.99	Hardy Lussier	10/28/17
4700m	Hardy Lussier	10/28/17
3:20.58	Mike Tennant	9/10/06
8:03.18	Kris Calvin	12/10/16
17:02.30	Kris Calvin	12/5/15
28:19.93	Gary Oliver	12/14/08

### MEN 55-59

25.38	Mike Tennant	12/13/09
57.52	Mike Tennant	2/17/08
2:14.83	Mike Tennant	2/17/08
4:56.88	Mike Tennant	2/17/08
10:31.56	Mike Tennant	5/18/08
20:04.73	Bob Bruce	11/19/06
32.20	Peter Metzger	4/28/13
1:10.79	Peter Metzger	4/28/13
2:49.57	Bob Bruce	12/7/03
35.12	Mike Tennant	11/2/08
1:18.74	Mike Tennant	11/1/08
3:03.54	Steve Furness	11/12/17
30.12	Mike Tennant	11/1/08
1:10.32	Mike Tennant	11/2/08
2:45.70	Mike Tennant	5/18/08
1:11.29	Steve Mann	2/17/08
2:34.21	Mike Tennant	5/18/08
5:38.39	Mike Tennant	11/1/08
44:43.50	Bob Bruce	1/31/06
4030 m	Bob Bruce	1/31/06
3:23.30	Steve Mann	12/10/11
8:06.85	Mike Tennant	12/8/12
19:06.25	Kermit Yensen	12/8/12
33:30.66	Steve Wursta	12/11/21

### MEN 60-64

26.58	Mike Tennant	4/27/13
1:01.60	Mike Tennant	4/28/13
2:15.73	Tom Landis	3/17/02
4:56.83	Tom Landis	3/16/02
10:28.10	Tom Landis	5/4/02
19:46.65	Bob Bruce	2/17/08
32.91	Steve Mann	4/15/12
1:14.24	Steve Mann	4/14/12
2:51.48	Bob Bruce	11/1/08
36.17	Steve Mann	4/28/13
1:24.05	Rick Howell	12/11/21
3:01.64	Rick Howell	3/13/22
31.30	Mike Tennant	12/7/13
1:12.78	Mike Tennant	4/27/13
3:09.56	Rick Howell	12/11/21
1:12.13	Steve Mann	4/27/13
2:46.37	Mike Tennant	4/28/13
5:55.37	Bob Bruce	2/17/08
47:48.99	Brooks Richardson	1/19/14
3780 m	Brooks Richardson	1/19/14
3:24.61	Steve Mann	12/8/12
8:40.26	Tom Landis	12/5/04
20:23.11	Kermit Yensen	12/9/17
34:44.70	Kermit Yensen	12/9/17

## COMA Individual Records (Short Course Meters) -- as of 3/20/2022

<b>WOMEN 65-69</b>			<b>MEN 65-69</b>			
35.28	Janet Gettling	9/28/14	50 M. Free	29.00	Steve Mann	12/14/19
1:20.97	Janet Gettling	12/9/17	100 M. Free	1:02.12	Tom Landis	2/18/07
3:02.76	Janet Gettling	10/12/14	200 M. Free	2:17.15	Tom Landis	5/18/08
6:27.48	Janet Gettling	3/8/14	400 M. Free	4:55.56	Tom Landis	2/18/07
14:04.32	Janet Gettling	12/10/16	800 M. Free	10:21.19	Tom Landis	5/18/08
26:30.56	Janet Gettling	12/10/16	1500 M. Free	19:32.78	Tom Landis	2/18/07
44.06	Janet Gettling	10/12/14	50 M. Back	35.64	Steve Mann	12/14/19
1:44.49	Janet Gettling	3/16/14	100 M. Back	1:26.43	Brent Lake	11/9/03
3:45.28	Janet Gettling	12/7/13	200 M. Back	3:05.43	Kermit Yensen	12/8/18
42.96	Janet Gettling	11/18/17	50 M. Breast	39.66	Mike Tennant	12/14/19
1:38.36	Janet Gettling	10/11/14	100 M. Breast	1:32.90	Bob Bruce	4/27/13
3:43.30	Janet Gettling	3/10/13	200 M. Breast	3:23.05	Bob Bruce	4/27/13
38.68	Janet Gettling	11/19/17	50 M. Fly	33.15	Steve Mann	12/14/19
1:35.05	Janet Gettling	11/19/17	100 M. Fly	1:27.62	Tom Landis	11/13/10
3:38.55	Janet Gettling	9/28/14	200 M. Fly	3:19.57	Tom Landis	1/13/08
1:30.96	Janet Gettling	4/27/13	100 M. I. M.	1:18.04	Steve Mann	12/14/19
3:27.55	Janet Gettling	4/28/13	200 M. I. M.	2:54.64	Tom Landis	1/13/08
7:19.33	Janet Gettling	3/8/15	400 M. I. M.	6:19.69	Tom Landis	1/13/08
			3000 M. Free	45:46.99	Bob Bruce	10/16/14
			6000 M. Free	1:34:27.83	Bob Bruce	11/10/16
2620 m	Peggy Whiter	1/30/12	1 hr M. Free	3685 m	Bob Bruce	2/22/17
			300 M. Pentathlon	3:59.37	Tom Landis	12/10/11
12:11.32	Peggie Hodge	9/11/05	600 M. Pentathlon	8:51.66	Tom Landis	11/13/10
			1200 M. Pentathlon	19:58.63	Kermit Yensen	12/8/18
			2100 M. Brute	34:19.58	Kermit Yensen	12/8/18
<b>WOMEN 70-74</b>			<b>MEN 70-74</b>			
37.66	Janet Gettling	12/14/19	50 M. Free	29.86	Tom Landis	4/14/12
1:22.60	Janet Gettling	3/10/18	100 M. Free	1:06.28	Tom Landis	4/28/13
4:05.34	Judy Ziemer	3/19/17	200 M. Free	2:26.61	Tom Landis	4/27/13
8:09.37	Peggy Whiter	4/28/13	400 M. Free	5:10.07	Dan Kirkland	3/13/22
16:59.46	Peggy Whiter	12/7/13	800 M. Free	10:41.60	Dan Kirkland	1/30/22
32:11.65	Peggy Whiter	12/7/13	1500 M. Free	20:10.85	Dan Kirkland	1/30/22
45.29	Janet Gettling	12/8/18	50 M. Back	40.40	George Thayer	11/19/06
1:41.62	Janet Gettling	3/9/19	100 M. Back	1:19.18	Dan Kirkland	3/12/22
5:30.93	Kaleo Schroder	11/13/10	200 M. Back	2:49.41	Dan Kirkland	3/13/22
44.35	Janet Gettling	2/3/18	50 M. Breast	44.01	Bob Bruce	3/13/22
1:40.09	Janet Gettling	2/3/18	100 M. Breast	1:37.82	Bob Bruce	12/8/18
3:43.76	Janet Gettling	2/3/18	200 M. Breast	3:29.51	Bob Bruce	11/10/18
46.66	Janet Gettling	12/14/19	50 M. Fly	35.26	Tom Landis	12/8/12
1:40.68	Janet Gettling	3/11/18	100 M. Fly	1:32.11	Bob Bruce	12/8/18
4:00.38	Janet Gettling	12/14/19	200 M. Fly	3:20.93	Tom Landis	12/7/13
1:34.27	Janet Gettling	3/10/18	100 M. I. M.	1:19.98	Tom Landis	4/27/13
3:59.47	Janet Gettling	3/20/22	200 M. I. M.	2:55.18	Tom Landis	4/28/13
			400 M. I. M.	6:17.67	Tom Landis	4/26/13
			3000 M. Free	45:06.23	Bob Bruce	11/9/20
			6000 M. Free	1:35:45.44	Bob Bruce	10/12/20
			1 hr M. Free	3930m	Bob Bruce	3/23/21
4:52.47	Janet Gettling	12/11/21	300 M. Pentathlon	4:34.74	George Thayer	9/9/07
			600 M. Pentathlon	8:58.73	Bob Bruce	12/8/18
			1200 M. Pentathlon			
			2100 M. Brute			
<b>WOMEN 75-79</b>			<b>MEN 75-79</b>			
59.17	Kaleo Schroder	10/12/12	50 M. Free	35.82	George Thayer	10/16/11
2:15.63	Kaleo Schroder	10/12/12	100 M. Free	1:28.85	George Thayer	10/20/12
5:27.56	Bev L'Esperance	10/11/08	200 M. Free	3:34.98	Tom Landis	12/9/17
			400 M. Free	7:20.42	Tom Landis	12/9/17
			800 M. Free	14:54.87	Tom Landis	12/9/17
			1500 M. Free	28:16.77	Tom Landis	12/9/17
1:05.33	Kaleo Schroder	10/12/12	50 M. Back	42.79	George Thayer	5/15/11
2:28.19	Kaleo Schroder	10/12/12	100 M. Back	1:37.59	George Thayer	4/14/12
6:14.05	Bev L'Esperance	10/11/08	200 M. Back	3:37.33	George Thayer	4/15/12
1:20.44	Kaleo Schroder	10/12/12	50 M. Breast	47.05	George Thayer	5/15/11
2:57.20	Kaleo Schroder	10/12/12	100 M. Breast	1:55.15	George Thayer	10/16/11
			200 M. Breast	4:44.15	George Thayer	2/26/12
			50 M. Fly	49.40	Roger Rudolph	12/14/19
			100 M. Fly			
			200 M. Fly			
			100 M. I. M.	1:48.28	George Thayer	4/14/12
			200 M. I. M.			
			400 M. I. M.			
			3000 M. Free			
			6000 M. Free			
			1 hr M. Free	2325 m	George Weber	1/31/07
			300 M. Pentathlon			
			600 M. Pentathlon			
			1200 M. Pentathlon			
			2100 M. Brute			

## COMA Individual Records (Short Course Meters) -- as of 3/20/2022

<b>WOMEN 80-84</b>			<b>MEN 80-84</b>			
1:06.13	Pat Hunt	11/9/11	50 M. Free	46.60	George Thayer	12/10/16
2:18.99	Pat Hunt	1/22/12	100 M. Free	2:34.71	Lew Hollander	4/26/13
4:48.99	Pat Hunt	1/22/12	200 M. Free	5:40.70	Lew Hollander	4/26/13
9:53.99	Pat Hunt	1/22/12	400 M. Free	11:42.26	Lew Hollander	4/26/13
20:04.99	Pat Hunt	1/22/12	800 M. Free	23:40.99	Lew Hollander	4/26/13
38:01.99	Pat Hunt	1/22/12	1500 M. Free	44:59.24	Lew Hollander	4/26/13
1:25.18	Bev L'Esperance	10/12/12	50 M. Back	50.75	George Thayer	12/10/16
3:17.90	Ada Hebert	98	100 M. Back	2:05.16	Brent Lake	3/25/18
6:50.07	Ada Hebert	98	200 M. Back	4:32.54	Brent Lake	3/25/18
			50 M. Breast	59.94	George Thayer	12/10/16
			100 M. Breast			
			200 M. Breast			
			50 M. Fly			
			100 M. Fly			
			200 M. Fly			
			100 M. I. M.			
			200 M. I. M.			
			400 M. I. M.			
1:19:01.02	Pat Hunt	11/9/11	3000 M. Free			
			6000 M. Free			
2370 m	Pat Hunt	1/22/12	1 hr M. Free	1740 m	George Weber	1/30/11
			300 M. Pentathlon			
			600 M. Pentathlon			
			1200 M. Pentathlon			
			2100 M. Brute			

### WOMEN 85-89

50 M. Free  
 100 M. Free  
 200 M. Free  
 400 M. Free  
 800 M. Free  
 1500 M. Free  
 50 M. Back  
 100 M. Back  
 200 M. Back  
 50 M. Breast  
 100 M. Breast  
 200 M. Breast  
 50 M. Fly  
 100 M. Fly  
 200 M. Fly  
 100 M. I. M.  
 200 M. I. M.  
 400 M. I. M.  
 3000 M. Free  
 6000 M. Free  
 1 hr M. Free  
 300 M. Pentathlon  
 600 M. Pentathlon  
 1200 M. Pentathlon  
 2100 M. Brute

### MEN 85-89

### WOMEN 90-94

50 M. Free  
 100 M. Free  
 200 M. Free  
 400 M. Free  
 800 M. Free  
 1500 M. Free  
 50 M. Back  
 100 M. Back  
 200 M. Back  
 50 M. Breast  
 100 M. Breast  
 200 M. Breast  
 50 M. Fly  
 100 M. Fly  
 200 M. Fly  
 100 M. I. M.  
 200 M. I. M.  
 400 M. I. M.  
 3000 M. Free  
 6000 M. Free  
 1 hr M. Free  
 300 M. Pentathlon  
 600 M. Pentathlon  
 1200 M. Pentathlon  
 2100 M. Brute

### MEN 90-94

## COMA Individual Records (Short Course Meters) -- as of 3/20/2022

### WOMEN 95-99

	<b>50 M. Free</b>	1:03.28	Willard Lamb	12/11/21
	<b>100 M. Free</b>	2:28.74	Willard Lamb	12/11/21
	<b>200 M. Free</b>	4:58.62	Willard Lamb	12/11/21
	<b>400 M. Free</b>			
	<b>800 M. Free</b>			
	<b>1500 M. Free</b>			
	<b>50 M. Back</b>	1:11.84	Willard Lamb	12/11/84
	<b>100 M. Back</b>			
	<b>200 M. Back</b>			
	<b>50 M. Breast</b>			
	<b>100 M. Breast</b>			
	<b>200 M. Breast</b>			
	<b>50 M. Fly</b>			
	<b>100 M. Fly</b>			
	<b>200 M. Fly</b>			
	<b>100 M. I. M.</b>			
	<b>200 M. I. M.</b>			
	<b>400 M. I. M.</b>			
	<b>3000 M. Free</b>			
	<b>5000 M. Free</b>			
	<b>1 hr M. Free</b>			
	<b>300 M. Pentathlon</b>			
	<b>600 M. Pentathlon</b>			
	<b>1200 M. Pentathlon</b>			
	<b>2100 M. Brute</b>			

### MEN 95-99

### WOMEN 100-104

	<b>50 M. Free</b>	57.81	Willard Lamb	3/13/22
	<b>100 M. Free</b>	2:13.96	Willard Lamb	3/12/22
	<b>200 M. Free</b>	4:50.84	Willard Lamb	3/12/22
	<b>400 M. Free</b>	10:05.73	Willard Lamb	1/30/22
	<b>800 M. Free</b>	20:27.87	Willard Lamb	1/30/22
	<b>1500 M. Free</b>	38:32.90	Willard Lamb	1/30/22
	<b>50 M. Back</b>	1:07.11	Willard Lamb	3/12/22
	<b>100 M. Back</b>	2:24.84	Willard Lamb	3/12/22
	<b>200 M. Back</b>	5:09.10	Willard Lamb	3/13/22
	<b>50 M. Breast</b>	1:51.56	Willard Lamb	3/13/22
	<b>100 M. Breast</b>			
	<b>200 M. Breast</b>			
	<b>50 M. Fly</b>			
	<b>100 M. Fly</b>			
	<b>200 M. Fly</b>			
	<b>100 M. I. M.</b>			
	<b>200 M. I. M.</b>			
	<b>400 M. I. M.</b>			
	<b>3000 M. Free</b>			
	<b>6000 M. Free</b>			
	<b>1 hr M. Free</b>			
	<b>300 M. Pentathlon</b>			
	<b>600 M. Pentathlon</b>			
	<b>1200 M. Pentathlon</b>			
	<b>2100 M. Brute</b>			

### MEN 100-104

## COMA Relay Records (Short Course Meters) -- as of 3/20/2022

### 200 Meter (4 x 50) FREE RELAY - WOMEN

<u>72-99</u>	<u>100-119</u>	<u>120-159</u>	<u>160-199</u>	<u>200-239</u>	<u>240-279</u>	<u>280-319</u>
		2:09.63	2:05.09	3:03.29	2:48.38	
		Lizzie Thompson	Gillian Salton	Dara Gaskin	Janet Gettling	
		Becky McKean	Michelle DeWeese	Peggie Hodge	Jeannie Groesz	
		Janette Wells	Kelly Gouldson	Connie Peterson	Chris Clum	
		Elizabeth Strausbaugh	Cheryl Morgen	Peggy Whiter	Peggy Whiter	
		4/27/13	4/27/13	10/29/05	4/27/13	

### 400 Meter (4 x 100) FREE RELAY - WOMEN

<u>72-99</u>	<u>100-119</u>	<u>120-159</u>	<u>160-199</u>	<u>200-239</u>	<u>240-279</u>	<u>280-319</u>
			5:05.23	5:35.59		
			Barb Harris	Pam Himstreet		
			Cathy Imwalle	Peggy Whiter		
			Amy Halligan	Laura Schob		
			Kristin Juba	Cathy Imwalle		
			4/16/00	4/16/00		

### 800 Meter (4 x 200) FREE RELAY - WOMEN

<u>72-99</u>	<u>100-119</u>	<u>120-159</u>	<u>160-199</u>	<u>200-239</u>	<u>240-279</u>	<u>280-319</u>
		13:03.09	10:50.58	12:11.34	13:16.08	
		Shannon Gilman	Sara Quan	Pam Himstreet	Barb Harris	
		Erika Gabbard	Mary Sweat	Peggy Whiter	Madeleine Holmberg	
		Calli Roberts	Jani Sutherland	Cathy Imwalle	Janet Gettling	
		Connie Peterson	Laura Schob	Laura Schob	Peggy Whiter	
		5/4/02	5/4/02	4/16/00	12/7/13	

### 200 Meter (4 x 50) MEDLEY RELAY - WOMEN

<u>72-99</u>	<u>100-119</u>	<u>120-159</u>	<u>160-199</u>	<u>200-239</u>	<u>240-279</u>	<u>280-319</u>
		2:31.17	2:23.60	3:28.01	2:50.77	
		Julie Verke	Barb Harris	Peggy Whiter	Madeleine Holmberg	
		Madeleine Holmberg	Cathy Imwalle	Kathy DeGree	Janet Gettling	
		Joanie Krehbiel	Amy Halligan	Calli Roberts	Cherie Touchette	
		Nancy Colton	Kristin Juba	Toni Brown	Jeannie Groesz	
		94	4/16/00	12/4/05	4/28/13	

### 400 Meter (4 x 100) MEDLEY RELAY - WOMEN

<u>72-99</u>	<u>100-119</u>	<u>120-159</u>	<u>160-199</u>	<u>200-239</u>	<u>240-279</u>	<u>280-319</u>
		5:40.01	5:42.71	6:20.68		
		Gillian Salton	Barb Harris	Laura Schob		
		Elizabeth Strausbaugh	Kristin Juba	Pam Himstreet		
		Amy Johnson	Amy Halligan	Cathy Imwalle		
		Wendy McGrane	Jani Sutherland	Peggy Whiter		
		12/7/13	4/16/00	4/16/00		

## COMA Relay Records (Short Course Meters) -- as of 3/20/2022

### 200 Meter FREE RELAY- MEN

<u>72-99</u>	<u>100-119</u>	<u>120-159</u>	<u>160-199</u>	<u>200-239</u>	<u>240-279</u>	<u>280-319</u>
		1:58.62 Travis Smith Aaron Rodriguez Erik Kropp Brian Hemphill 4/27/13	1:50.96 George Thayer Steve Mann Mike Tennant Greg Welch 94	1:48.98 Hardy Lussier Jamie Proffitt John Gessner Mike Tennant 4/27/13	1:55.92 Steve Mann Tom Landis Peter Metzger Kris Calvin 4/27/13	2:19.49 Bob Bruce George Thayer John Spence Tom Landis 4/15/12

### 400 Meter FREE RELAY - MEN

<u>72-99</u>	<u>100-119</u>	<u>120-159</u>	<u>160-199</u>	<u>200-239</u>	<u>240-279</u>	<u>280-319</u>
		4:37.40 Connor Brenda Steve Wursta Eric Kropp Gary DeFrang 12/7/13	4:28.56 Phil Reget George Thayer Rob Higley Mike Douglas 4/16/00	4:46.99 Hardy Lussier Steve Wursta John Powell John Spence 11/13/10	4:52.81 George Thayer Brent Lake Bob Bruce Tom Landis 5/4/02	6:12.64 Roger Rudolph Bren Hirschberg Brent Lake Tom Landis 12/8/12

### 800 Meter FREE RELAY - MEN

<u>72-99</u>	<u>100-119</u>	<u>120-159</u>	<u>160-199</u>	<u>200-239</u>	<u>240-279</u>	<u>280-319</u>
		8:44.56 Kerry Clausen Hardy Lussier Tim Nelson Rob Higley 4/18/04	9:31.15 Rob Higley Phil Reget Mike Douglas Tom Landis 4/16/00	10:05.33 Mike Tennant Steve Mann Kermit Yensen Kris Calvin 12/8/12	10:57.78 George Thayer Tom Landis Brent Lake Bob Bruce 02	

### 200 Meter MEDLEY RELAY - MEN

<u>72-99</u>	<u>100-119</u>	<u>120-159</u>	<u>160-199</u>	<u>200-239</u>	<u>240-279</u>	<u>280-319</u>
		2:06.21 Kevin Sivertson Hardy Lussier John Gessner Tim Nelson 12/4/05	2:08.19 Kris Calvin Hardy Lussier Chris Tujo Tim Nelson 12/10/11	2:02.03 Jamie Proffitt Hardy Lussier John Gessner Mike Tennant 4/28/13	2:11.17 Peter Metzger Jim Ivelich Tom Landis Steve Mann 4/28/13	2:51.40 George Thayer Ralph Mohr Bren Hirschberg Roger Rudolph 4/28/13

### 400 Meter MEDLEY RELAY - MEN

<u>72-99</u>	<u>100-119</u>	<u>120-159</u>	<u>160-199</u>	<u>200-239</u>	<u>240-279</u>	<u>280-319</u>
			5:07.28 Bob Bruce Phil Reget Tom Landis George Thayer 4/16/00	5:01.36 Scott Miller Kris Calvin Chris Tujo Tom Landis 11/13/10		6:26.73 Willard Lamb Rick Howell Christian Tujo Dan Kirkland 3/12/22



## COMA Relay Records (Short Course Meters) -- as of 3/20/2022

### 200 Meter (4 x 50) FREE RELAY - MIXED

<u>72-99</u>	<u>100-119</u>	<u>120-159</u>	<u>160-199</u>	<u>200-239</u>	<u>240-279</u>	<u>280-319</u>
	2:09.75 Travis Smith Amy Johnson Julie VanSant Aaron Rodriguez 4/28/13	2:08.81 Mike Douglas Madeleine Holmberg Peggy Whiter Greg Welch 94	1:54.06 Jim Ivelich Michelle DeWeese Gillian Salton Hardy Lussier 4/28/13	2:05.28 Tom Landis Pam Himstreet Barb Harris Bob Bruce 3/17/02	2:18.59 Tom Landis Jeannie Groesz Madeleine Holmberg Mike Tennaat 4/28/13	2:35.93 George Thayer Bren Hirschberg Janet Gettling Peggy Whiter 4/28/13

### 400 Meter (4 x 100) FREE RELAY - MIXED

<u>72-99</u>	<u>100-119</u>	<u>120-159</u>	<u>160-199</u>	<u>200-239</u>	<u>240-279</u>	<u>280-319</u>
			5:33.60 Barry Branaugh Roger Rudolph Connie Austin Joanie Krehbiel 10/29/05		6:16.68 Brent Lake Peggie Hodge Peggy Whiter Tom Landis 10/29/05	

### 800 Meter (4 x 200) FREE RELAY - MIXED

<u>72-99</u>	<u>100-119</u>	<u>120-159</u>	<u>160-199</u>	<u>200-239</u>	<u>240-279</u>	<u>280-319</u>
			9:44.81 Bob Bruce Amy Halligan Barb Harris Tom Landis 4/16/00	10:37.13 Pam Himstreet Bob Bruce Barb Harris Tom Landis 12/5/99		

### 200 Meter (4 x 50) MEDLEY RELAY - MIXED

<u>72-99</u>	<u>100-119</u>	<u>120-159</u>	<u>160-199</u>	<u>200-239</u>	<u>240-279</u>	<u>280-319</u>
	2:40.37 Julie VanSant Travis Smith Aaron Rodriguez Annie Muski-Dukes-Driggs 4/27/13	2:00.92 Amy Ward Tamas Bessenyei Logan Madson Kristine Senkier 12/10/11	2:23.55 Janette Wells Chris Cole Cheryl Morgen Ron Thompson 11/1/08	2:13.65 Peter Metzger Steve Mann Cheryl Morgen Cherie Touchette 4/27/13	2:31.19 Cathy Imwalle Steve Mann Tom Landis Kris Denney 12/10/11	2:56.37 George Thayer Janet Gettling Bren Hirschberg Peggy Whiter 4/27/13

### 400 Meter (4 x 100) MEDLEY RELAY - MIXED

<u>72-99</u>	<u>100-119</u>	<u>120-159</u>	<u>160-199</u>	<u>200-239</u>	<u>240-279</u>	<u>280-319</u>
		5:03.54 Gillian Salton Andy Singer Kelsey Holmberg Erik Cardone 11/13/10	5:09.17 Gillian Salton Jim Ivelich John Gessner Kris Denney 12/8/12			