

## COMA Relay Records (Short Course Yards) -- as of 5/10/2009

### 200 Yard (4 x 50) FREE RELAY - WOMEN

<u>18+</u>	<u>25+</u>	<u>35+</u>	<u>45+</u>	<u>55+</u>	<u>65+</u>	<u>75+</u>
1:55.76 Laura Schob Cyndi Smidt Garen Mattioda Kelly Gouldson 3/18/01	1:50.44 Jenny Marine Sara Quan Kelly Gouldson Shelley Blain-Reimer 4/4/04	1:45.00 Karen Allen Michelle Morrel Barb Harris Cynthia Chilcott 5/16/99	1:59.83 Teri Hendryx Deidre Straley Barb Harris Pam Zigler 4/22/06	2:25.78 Madeleine Holmberg Teri Hendryx Leslie Weigand Diane Cardwel 4/19/09		

### 400 Yard (4 x 100) FREE RELAY - WOMEN

<u>18+</u>	<u>25+</u>	<u>35+</u>	<u>45+</u>	<u>55+</u>	<u>65+</u>	<u>75+</u>
4:00.42 Amy Ward Hillary Madsor Jenny Marine Kelsey Holmberg 4/9/05	4:16.48 Elizabeth Hendersor Laura Schob Amy Halligan Barb Harris 3/4/00	4:16.76 Connie Austin Robin Lewis Cheryl Morger Stephanie Schultz 4/9/05	4:27.35 Madeleine Holmberg Pamela Zigler Laura Schob Barb Harris 4/9/05	5:50.08 Cathy Imwalle Pam Himstreet Peggie Hodge Kaleo Schroder 4/9/05		

### 800 Yard (4 x 200) FREE RELAY - WOMEN

<u>18+</u>	<u>25+</u>	<u>35+</u>	<u>45+</u>	<u>55+</u>	<u>65+</u>	<u>75+</u>
	9:12.75 Tamara Houstor Elizabeth Strausbaugh Janette Wells Sara Nelson 4/21/07	9:04.08 Kristine Senkier Robin Lewis Cheryl Morger Stephanie Schultz 4/21/07	9:56.04 Laura Schob Madeleine Holmberg Mary Phillips Kris Denney 4/21/07	12:47.67 Peggie Hodge Diane Cardwel Jeannie Groesz Deborah Hodessor 4/21/07		

### 200 Yard (4 x 50) MEDLEY RELAY - WOMEN

<u>18+</u>	<u>25+</u>	<u>35+</u>	<u>45+</u>	<u>55+</u>	<u>65+</u>	<u>75+</u>
2:11.49 Angela Fults Robin Lewis Hillary Madsor Donna Raymonc 4/23/06	2:01.63 Tori Barber Tara Godlove Tamara Houstor Christine Rudge 4/23/06	2:00.60 Cynthia Chilcott Michelle Morrel Barb Harris Karen Allen 5/16/99	2:13.98 Teri Hendryx Barb Harris Deidre Straley Pam Zigler 4/23/06	2:36.74 Teri Hendryx Deb Hodessor Madeleine Holmberg Leslie Weigand 4/18/09		

### 400 Yard (4 x 100) MEDLEY RELAY - WOMEN

<u>18+</u>	<u>25+</u>	<u>35+</u>	<u>45+</u>	<u>55+</u>	<u>65+</u>	<u>75+</u>
4:37.44 Amy Ward Hillary Madsor Jenny Marine Kelsey Holmberg 4/9/05		5:00.07 Kristine Senkier Robin Lewis Stephanie Schultz Cyndi Smidt 4/22/07	5:11.95 Barb Harris Madeleine Holmberg Mary Phillips Kris Denney 4/22/07	6:36.76 Cathy Imwalle Pam Himstreet Peggie Hodge Kaleo Schroder 4/9/05		

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### 200 Yard FREE RELAY- MEN

18+	25+	35+	45+	55+	65+	75+
1:33.41	1:34.17	1:35.56	1:39.20	1:45.00	2:08.29	
Mike Burton Phil Reget Kevin Ferreira Rob Higley 4/9/00	Wil Fitzpatrick Scot Elliott Tom Fristoe Hardy Lussier 4/19/09	Kevin Ferreira John Gessner Stephen Williams Hardy Lussier 4/22/06	Steve Mann Bob Bruce Eric Steinhauff Mike Tennant 4/22/06	Steve Mann Mike Warren Bob Bruce Mike Tennant 4/19/09	Tom Landis Mike Delaney Roger Rudolph George Thayer 4/19/09	

### 400 Yard FREE RELAY - MEN

18+	25+	35+	45+	55+	65+	75+
	3:35.78	3:55.40	3:49.01	4:26.68		
	Kevin Sivertson Pieter Bergmans Scot Elliott Phil Reget 4/10/05	Eric Steinhauff Bob Bruce Tom Landis Steve Mann 3/4/00	Doug Asbury Mike Tennant Steve Mann Mike Douglas 4/10/05	Bob Bruce Brent Lake George Thayer Tom Landis 4/10/05		

### 800 Yard FREE RELAY - MEN

18+	25+	35+	45+	55+	65+	75+
		7:57.22	8:25.20			
		Tim Nelson Steve Mann John Gessner Hardy Lussier 4/21/07	Tom Landis Eric Steinhauff Doug Asbury Kris Calvin 4/21/07			

### 200 Yard MEDLEY RELAY - MEN

18+	25+	35+	45+	55+	65+	75+
1:48.09	1:50.39	1:44.93	1:50.92	1:58.51	2:32.80	
Kevin Ferreira Joe Daniels Phil Reget Keith Richards 3/18/01	Pieter Bergmans John Kinder Tim Farrington Andy Singer 4/18/09	Kevin Ferreira Stephen Williams John Gessner Hardy Lussier 4/23/06	Kris Calvin Tom Fristoe Gary Oliver Jim Ivelich 4/18/09	Steve Mann Bob Bruce Tom Landis Mike Tennant 4/18/09	George Thayer Mike Delaney Ralph Mohr Roger Rudolph 4/18/09	

### 400 Yard MEDLEY RELAY - MEN

18+	25+	35+	45+	55+	65+	75+
	3:59.66	4:01.53	4:29.24	4:53.06		
	Kevin Sivertson Phil Reget Scott Elliott Pieter Bergmans 4/9/05	Kevin Ferreira Hardy Lussier John Gessner Steve Mann 4/22/07	Steve Mann Mike Tennant Doug Asbury Mike Douglas 4/9/05	Brent Lake Bob Bruce Tom Landis George Thayer 4/9/05		

## COMA Relay Records (Short Course Yards) -- as of 5/10/2009

### 200 Yard (4 x 50) FREE RELAY - MIXED

18+	25+	35+	45+	55+	65+	75+
1:42.99	1:42.69	1:41.62	1:46.42	1:53.37	2:45.73	
Mike Burton Phil Reget Amy Halligan Kristin Juba 4/8/00	Wil Fitzpatrick Tara Godlove Maxine Braune Tim Farrington 4/18/09	John Gessner Connie Austin Karen Allen Hardy Lussier 4/3/04	Steve Mann Mary Sweat Diedre Straley Mike Tennant 4/10/04	Steve Mann Madeleine Holmberg Teri Hendryx Mike Tennant 4/18/09	Bev L'Esperance Peggie Hodge Ralph Mohr George Thayer 4/22/07	

### 400 Yard (4 x 100) FREE RELAY - MIXED

18+	25+	35+	45+	55+	65+	75+
3:55.07	3:41.64	4:05.04	4:05.95	4:29.43	5:48.45	
Pieter Bergmans Hillary Madsor Kelsey Holmberg Scott Elliott 4/9/05	Phil Reget Jenny Marine Amy Ward Kevin Sivertson 4/9/05	Roland Giller Connie Austin Stephanie Schultz Rob Higley 4/9/05	Mike Tennant Laura Schob Barb Harris Steve Mann 4/9/05	Tom Landis Cathy Imwalle Pam Himstreet Bob Bruce 4/9/05	Brent Lake George Thayer Kaleo Schroder Peggie Hodge 4/9/05	

### 800 Yard (4 x 200) FREE RELAY - MIXED

18+	25+	35+	45+	55+	65+	75+
8:21.00		8:31.14		10:33.15	13:40.63	
Wil Fitzpatrick Angela Coburn Tamara Houston Scot Elliott 4/22/07		Stephanie Schultz Kristine Senkier John Gessner Kris Calvin 4/22/07		Deborah Hodessor Pam Himstreet Bob Bruce Tom Landis 4/22/07	Kaleo Schroder Peggie Hodge George Thayer Ralph Mohr 4/22/07	

### 200 Yard (4 x 50) MEDLEY RELAY - MIXED

18+	25+	35+	45+	55+	65+	75+
1:55.64	1:53.02	1:53.42	2:02.55	2:08.15	3:09.95	
Kevin Ferreira Sara Quan Kelly Gouldson Keith Richards 3/18/01	Tori Barber Joe Daniels Scot Elliott Tamara Houston 4/22/06	Kevin Ferreira Stephen Williams Cheryl Morger Stephanie Schultz 4/22/06	Steve Mann Mike Tennant Deidre Straley Barb Harris 4/22/06	Teri Hendryx Steve Mann Mike Tennant Madeleine Holmberg 4/19/09	Kaleo Schroder Mike Delaney Roger Rudolph Peggy White 4/19/09	

### 400 Yard (4 x 100) MEDLEY RELAY - MIXED

18+	25+	35+	45+	55+	65+	75+
4:31.33	4:14.11	4:09.76	4:33.80	5:10.41	6:42.55	
Kelsey Holmberg Pieter Bergmans Scott Elliott Hillary Madsor 4/9/05	Kevin Sivertson Phil Reget Jenny Marine Amy Ward 4/9/05	Kristine Senkier Hardy Lussier John Gessner Stephanie Schultz 4/21/07	Barb Harris Mike Riley Kris Calvin Kris Denney 4/21/07	Bob Bruce Cathy Imwalle Tom Landis Pam Himstreet 4/9/05	Brent Lake George Thayer Peggy Hodge Kaleo Schroder 4/9/05	