

COMA Individual Records (Short Course Yards) -- as of 4/10/2011

WOMEN 18-24			MEN 18-24			
26.79	Kelly Gouldson	3/18/01	50 Yd. Free	20.41	Mike Burton	4/9/00
57.41	Kelly Gouldson	3/18/01	100 Yd. Free	46.14	Mike Burton	4/9/00
2:04.85	Kelly Gouldson	3/18/01	200 Yd. Free	2:07.15	David Wellman	4/27/03
5:32.11	Kelsey Holmberg	4/10/05	500 Yd. Free	6:56.89	Will Steinhauff	11/15/08
11:11.62	Kelsey Holmberg	4/10/05	1000 Yd. Free	14:09.29	Will Steinhauff	11/15/08
22:36.02	Garen Mattioda	3/14/03	1650 Yd. Free	23:32.59	Will Steinhauff	11/15/08
32.10	Angela Fults	4/23/06	50 Yd. Back	29.64	David Wellman	4/4/04
1:07.87	Angela Coburn	5/18/07	100 Yd. Back	1:02.43	David Wellman	4/27/03
2:24.77	Angela Coburn	5/20/07	200 Yd. Back	2:20.72	David Wellman	4/27/03
35.12	Angela Coburn	5/18/07	50 Yd. Breast	25.64	Mike Burton	4/9/00
1:15.31	Angela Coburn	5/20/07	100 Yd. Breast	55.86	Mike Burton	4/9/00
2:41.73	Angela Coburn	5/19/07	200 Yd. Breast			
30.36	Kelly Gouldson	3/18/01	50 Yd. Fly	28.46	David Wellman	03
1:08.97	Hillary Madson	4/10/05	100 Yd. Fly	1:03.28	David Wellman	3/16/03
2:35.10	Hillary Madson	4/23/06	200 Yd. Fly			
1:07.54	Angela Coburn	5/19/07	100 Yd. I. M.	1:03.84	David Wellman	4/27/03
2:28.00	Angela Fults	4/23/06	200 Yd. I. M.	1:59.37	Mike Burton	4/9/00
5:04.01	Kelsey Holmberg	4/10/05	400 Yd. I. M.			
42:26.43	Hillary Madson	10/31/04	3000 Yd. Free	43:22.99	Will Steinhauff	11/15/08
			6000 Yd. Free			
4570 yds	Kelly Gouldson	1/31/01	1 hr Yd. Free	3750 yds	David Wellman	1/31/04
3:37.25	Christina Wilkinson	2/7/04	300 Yd. Pentathlon			
			600 Yd. Pentathlon			
			1200 Yd. Pentathlon			
39:22.11	Lindsey Husk	12/9/07	2250 Yd. Brute			
WOMEN 25-29			MEN 25-29			
26.83	Kelly Gouldson	4/4/04	50 Yd. Free	22.58	Phil Reget	99
58.11	Kelly Gouldson	4/4/04	100 Yd. Free	50.90	Phil Reget	99
1:59.45	Sara Quan	5/17/02	200 Yd. Free	1:49.55	Tim Farrington	4/18/09
5:08.39	Sara Quan	5/17/02	500 Yd. Free	5:01.38	Kerry Classen	4/7/02
10:37.01	Sara Quan	02	1000 Yd. Free	10:17.78	Kerry Classen	4/7/02
17:20.92	Sara Quan	5/14/02	1650 Yd. Free	17:10.82	Kerry Classen	4/5/02
29.53	Tori Eisenbeis	4/7/02	50 Yd. Back	28.55	Chris Clark	12/9/07
1:03.11	Tori Eisenbeis	4/7/02	100 Yd. Back	1:09.49	Eric Smith	99
2:17.75	Tori Eisenbeis	3/18/01	200 Yd. Back	2:31.06	Scot Elliott	2/22/04
35.48	Sara Quan	00	50 Yd. Breast	30.39	Greg Welch	98
1:13.18	Sara Quan	3/18/01	100 Yd. Breast	1:07.21	Phil Reget	99
2:43.00	Sara Quan	02	200 Yd. Breast	2:33.32	Phil Reget	99
28.56	Tamara Houston	4/23/06	50 Yd. Fly	26.39	Chris Clark	12/9/07
1:04.03	Tamara Houston	4/23/06	100 Yd. Fly	54.31	Tim Farrington	4/18/09
2:18.59	Sara Quan	4/7/02	200 Yd. Fly	2:41.43	Brian Hemphill	3/14/04
1:04.72	Sara Quan	4/7/02	100 Yd. I. M.	1:00.90	Greg Welch	98
2:12.01	Sara Quan	5/17/02	200 Yd. I. M.	2:02.93	Tim Farrington	4/18/09
4:39.73	Sara Quan	5/17/02	400 Yd. I. M.	4:30.44	Tim Farrington	4/17/09
33:37.75	Sara Quan	10/31/02	3000 Yd. Free	39:25.81	Greg Welch	10/31/99
1:10:44.87	Sara Quan	10/31/00	6000 Yd. Free			
5310 yds	Sara Quan	1/31/00	1 hr Yd. Free	4540 yds	Greg Welch	1/31/99
			300 Yd. Pentathlon	2:57.07	Greg Welch	99
			600 Yd. Pentathlon			
			1200 Yd. Pentathlon			
6:48.63	Sara Quan	00	2250 Yd. Brute			
WOMEN 30-34			MEN 30-34			
25.56	Amy Ward	4/10/05	50 Yd. Free	22.71	Wil Fitzpatrick	5/20/07
55.58	Amy Ward	4/10/05	100 Yd. Free	49.44	Wil Fitzpatrick	5/19/07
2:01.81	Amy Ward	4/10/05	200 Yd. Free	1:52.75	Phil Reget	4/9/00
5:35.83	Sara Nelson	5/20/07	500 Yd. Free	5:13.13	Scot Elliott	5/20/07
11:15.25	Sara Nelson	5/17/07	1000 Yd. Free	10:54.35	Scot Elliott	4/22/06
18:57.69	Amy Halligan	5/17/01	1650 Yd. Free	18:20.16	Scot Elliott	5/17/07
30.85	Tori Barber	4/27/06	50 Yd. Back	26.62	Wil Fitzpatrick	5/19/07
1:05.60	Tori Barber	4/27/06	100 Yd. Back	56.45	Wil Fitzpatrick	5/18/07
2:20.43	Tori Barber	4/27/06	200 Yd. Back	2:30.25	Rob Higley	4/9/00
34.41	Cathy Imwalle	84	50 Yd. Breast	30.81	Joe Daniels	4/23/06
1:15.43	Cathy Imwalle & Tara Godlove	84 & 4/23/06	100 Yd. Breast	1:06.84	Scot Elliott	4/21/07
2:43.09	Sara Nelson	5/19/07	200 Yd. Breast	2:25.37	Scot Elliott	4/23/06
28.52	Amy Ward	4/10/05	50 Yd. Fly	25.66	Kevin Sivertson	4/10/05
1:05.45	Jenny Marine	4/10/05	100 Yd. Fly	56.07	Kevin Sivertson	4/10/05
2:25.37	Jenny Marine	2/27/05	200 Yd. Fly	2:15.02	Scot Elliott	5/19/07
1:07.63	Sara Quan	4/4/04	100 Yd. I. M.	58.66	Steve Mann	84
2:23.87	Sara Nelson	5/20/07	200 Yd. I. M.	2:16.74	Scot Elliott	4/18/09
5:01.54	Sara Nelson	12/9/07	400 Yd. I. M.	4:34.13	Scot Elliott	4/21/06
34:51.96	Sara Quan	10/31/04	3000 Yd. Free	38:20.09	Dave Cloninger	10/31/04
1:10:15.56	Sara Quan	10/31/04	6000 Yd. Free			
5125 yds	Sara Quan	1/31/03	1 hr Yd. Free	4590 yds	Dave Cloninger	1/31/04
3:17.08	Michelle Morrell	97	300 Yd. Pentathlon			
			600 Yd. Pentathlon	7:21.17	Rob Higley	99
			1200 Yd. Pentathlon			
19:59.99	Andie Pape	12/9/07	2250 Yd. Brute			
27:31.57	Sara Nelson	12/9/07				

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WOMEN 35-39				MEN 35-39			
24.72	Kristine Senkier	5/8/09	50 Yd. Free	23.21	Hardy Lussier		3/14/04
56.34	Kristine Senkier	4/21/07	100 Yd. Free	49.77	Hardy Lussier		4/4/04
2:00.03	Kristine Senkier	5/8/09	200 Yd. Free	1:51.08	Tim Nelson		5/17/02
5:28.27	Kristine Senkier	5/7/09	500 Yd. Free	4:56.17	Tim Nelson		5/17/02
10:53.86	Kristine Senkier	5/7/09	1000 Yd. Free	10:01.95	Tim Nelson		5/17/02
22:19.03	Connie Austin	4/2/04	1650 Yd. Free	17:23.62	Tim Nelson		4/5/02
29.46	Kristine Senkier	5/9/09	50 Yd. Back	27.24	Wil Fitzpatrick		4/18/09
1:02.12	Kristine Senkier	5/8/09	100 Yd. Back	57.86	Wil Fitzpatrick		4/19/09
2:12.56	Kristine Senkier	5/9/09	200 Yd. Back	2:21.67	Hardy Lussier		3/14/04
32.17	Jayna Tomac	5/3/08	50 Yd. Breast	27.71	Stephen Williams		4/23/06
1:09.52	Jayna Tomac	5/2/08	100 Yd. Breast	1:03.14	Stephen Williams		4/23/06
2:35.27	Jayna Tomac	5/4/08	200 Yd. Breast	2:18.78	Hardy Lussier		03
29.02	Karen Allen & Amy Ward	5/16/99 & 4/3/11	50 Yd. Fly	24.74	Stephen Williams		4/23/06
1:08.68	Cheryl Morgen	4/21/07	100 Yd. Fly	56.91	Hardy Lussier		3/16/03
2:40.66	Cheryl Morgen	4/23/06	200 Yd. Fly	2:13.99	Chris Tujo		4/10/10
1:05.55	Jayna Tomac	5/3/08	100 Yd. I. M.	58.74	Hardy Lussier		3/16/03
2:22.65	Jayna Tomac	5/4/08	200 Yd. I. M.	2:02.53	Hardy Lussier		4/4/04
5:31.83	Tara Godlove	4/17/09	400 Yd. I. M.	4:25.04	Hardy Lussier		4/4/04
43:45.62	Kristin Brooks	10/31/01	3000 Yd. Free	34:23.87	Tim Nelson		10/31/02
5090 yds	Sara Nelson	1/31/08	6000 Yd. Free	1:16:07.87	Rob Higley		10/31/02
3:39.12	Gillian Salton	12/9/07	1 hr Yd. Free	5230 yds	Tim Nelson		1/31/02
			300 Yd. Pentathlon				
			600 Yd. Pentathlon	7:08.00	Rob Higley		10/28/00
			1200 Yd. Pentathlon	14:37.46	Chris Tujo		3/20/10
38:37.97	Dara Gaskin	12/9/07	2250 Yd. Brute				
WOMEN 40-44				MEN 40-44			
26.57	Karen Allen	4/4/04	50 Yd. Free	23.74	Jim Ivelich		4/21/07
59.18	Stephanie Schultz	4/19/09	100 Yd. Free	50.17	Hardy Lussier		4/23/06
2:04.95	Stephanie Schultz	5/8/09	200 Yd. Free	1:48.54	Hardy Lussier		4/21/07
5:41.73	Stephanie Schultz	5/9/09	500 Yd. Free	5:28.68	Tim Nelson		4/22/06
12:03.40	Stephanie Schultz	5/7/09	1000 Yd. Free	10:59.89	Tim Nelson		4/21/06
19:45.37	Stephanie Schultz	5/7/09	1650 Yd. Free	18:37.67	Tim Nelson		4/21/07
31.43	Barb Harris	4/9/00	50 Yd. Back	27.63	Steve Mann		1/21/95
1:09.17	Barb Harris	4/9/00	100 Yd. Back	1:00.16	Steve Mann		5/16/94
2:34.69	Gillian Salton	4/11/10	200 Yd. Back	2:15.93	Jamie Proffitt		4/18/09
36.62	Karen Allen	4/4/04	50 Yd. Breast	29.99	Hardy Lussier		4/18/09
1:21.68	Karen Allen	4/4/04	100 Yd. Breast	1:04.93	Hardy Lussier		4/19/09
3:03.73	Madeleine Holmberg	4/4/93	200 Yd. Breast	2:38.30	Chris Cole		4/18/09
28.83	Barb Harris	4/9/00	50 Yd. Fly	26.57	Steve Mann		1/18/97
1:06.57	Stephanie Schultz	5/9/09	100 Yd. Fly	56.01	Hardy Lussier		4/23/06
2:51.91	Joanie Krehbiel	4/23/06	200 Yd. Fly	2:04.65	Hardy Lussier		4/23/06
1:07.49	Barb Harris	4/9/00	100 Yd. I. M.	57.11	Hardy Lussier		4/23/06
2:37.12	Barb Harris	4/7/02	200 Yd. I. M.	2:02.43	Hardy Lussier		4/23/06
5:43.42	Connie Austin	4/9/10	400 Yd. I. M.	4:42.80	Hardy Lussier		12/9/07
37:38.29	Karen Sadler	10/31/04	3000 Yd. Free	34:24.29	Hardy Lussier		1/28/07
4620 yds	Stephanie Schultz	1/31/10	6000 Yd. Free	1:25:54.21	Mike Douglas		1/31/02
4:22.61	Jackie Wursta	12/9/07	1 hr Yd. Free	5255 yds	Hardy Lussier		1/28/07
			300 Yd. Pentathlon	2:53.20	Steve Mann		97
			600 Yd. Pentathlon				
			1200 Yd. Pentathlon	18:03.87	Steve Wursta		12/9/07
31:20.10	Kris Denney	12/9/07	2250 Yd. Brute	25:47.12	Hardy Lussier		12/9/07
WOMEN 45-49				MEN 45-49			
28.90	Deidre Straley	4/4/04	50 Yd. Free	23.45	Mike Tennant		03
1:02.10	Mary Sweat	4/23/06	100 Yd. Free	51.78	Mike Tennant		4/27/03
2:13.88	Mary Sweat	4/22/06	200 Yd. Free	1:51.28	Tom Fristoe		4/18/09
5:44.18	Mary Sweat	4/23/06	500 Yd. Free	5:22.94	Doug Asbury		4/10/05
11:45.91	Mary Sweat	4/22/06	1000 Yd. Free	11:12.81	Doug Asbury		4/9/05
19:15.01	Mary Sweat	4/21/06	1650 Yd. Free	18:54.13	Doug Asbury		4/10/05
33.66	Barb Harris	4/22/07	50 Yd. Back	28.11	Steve Mann		98
1:14.01	Barb Harris	4/21/07	100 Yd. Back	1:01.53	Steve Mann		97
2:43.45	Cathy Imwalle	4/9/95	200 Yd. Back	2:20.20	Kris Calvin		4/11/10
41.00	Pam Zigler	4/22/07	50 Yd. Breast	29.04	Tom Fristoe		4/19/09
1:17.95	Cathy Imwalle	4/9/95	100 Yd. Breast	1:01.19	Tom Fristoe		4/19/09
3:26.57	Cynthia Shoemaker	3/18/01	200 Yd. Breast	2:09.29	Tom Fristoe		5/8/09
32.21	Deidre Straley	4/23/06	50 Yd. Fly	27.12	Steve Mann		98
1:12.61	Deidre Straley	4/23/06	100 Yd. Fly	58.54	Tom Fristoe		5/8/09
2:48.09	Deidre Straley	4/23/06	200 Yd. Fly	2:23.35	Kris Calvin		4/10/10
1:11.14	Cathy Imwalle	4/9/95	100 Yd. I. M.	1:01.25	Mike Riley		4/22/07
2:41.81	Mary Sweat	05	200 Yd. I. M.	1:58.77	Tom Fristoe		5/9/09
5:33.00	Cathy Imwalle	4/9/95	400 Yd. I. M.	4:17.81	Tom Fristoe		5/8/09
37:40.21	Mary Sweat	10/31/03	3000 Yd. Free	36:09.93	Doug Asbury		1/28/07
1:17:27.00	Mary Sweat	10/31/04	6000 Yd. Free				
4755 yds	Karen Matson	1/28/07	1 hr Yd. Free	5015 yds	Doug Asbury		1/31/08
4:14.14	Cynthia Shoemaker	10:28.00	300 Yd. Pentathlon	2:52.75	Steve Mann		98
			600 Yd. Pentathlon	6:44.78	Mike Tennant		3/10/02
			1200 Yd. Pentathlon				
			2250 Yd. Brute				

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WOMEN 65-69			MEN 65-69			
40.48	Peggie Hodge	4/30/05	50 Yd. Free	24.90	Tom Landis	5/2/08
1:37.55	Peggie Hodge	3/11/06	100 Yd. Free	54.53	Tom Landis	5/19/07
3:31.15	Peggie Hodge	4/21/07	200 Yd. Free	2:01.36	Tom Landis	5/18/07
9:04.11	Peggie Hodge	4/10/05	500 Yd. Free	5:37.64	Tom Landis	5/20/07
18:37.16	Peggie Hodge	4/22/06	1000 Yd. Free	11:41.40	Tom Landis	5/17/07
32:25.97	Peggie Hodge	4/10/05	1650 Yd. Free	19:16.25	Tom Landis	5/17/07
52.92	Peggie Hodge	4/9/06	50 Yd. Back	35.29	George Thayer	2/7/04
1:52.15	Peggie Hodge	3/11/06	100 Yd. Back	1:16.27	Tom Landis	3/21/09
4:35.93	Kaleo Schroder	4/27/03	200 Yd. Back	2:47.60	Brent Lake	2/7/04
50.97	Peggie Hodge	3/11/06	50 Yd. Breast	39.19	George Thayer	2/7/04
1:44.59	Peggie Hodge	4/23/06	100 Yd. Breast	1:23.44	Tom Landis	3/21/09
3:44.14	Peggie Hodge	4/23/06	200 Yd. Breast	3:37.51	George Thayer	02
44.85	Peggie Hodge	4/10/05	50 Yd. Fly	31.53	Tom Landis	4/21/07
1:41.62	Peggie Hodge	4/10/05	100 Yd. Fly	1:07.11	Tom Landis	4/21/07
3:59.11	Peggie Hodge	4/30/05	200 Yd. Fly			
1:40.12	Peggie Hodge	4/9/06	100 Yd. I. M.	1:06.23	Tom Landis	5/3/08
3:46.61	Peggie Hodge	4/9/06	200 Yd. I. M.	2:28.22	Tom Landis	4/22/07
7:37.55	Peggie Hodge	4/21/06	400 Yd. I. M.	5:19.23	Tom Landis	5/18/07
58:50.99	Peggie Hodge	10/31/05	3000 Yd. Free	38:51.03	Tom Landis	11/15/08
			6000 Yd. Free	1:21:56.99	Tom Landis	10/26/08
2980 yds	Judy Ziemer	1/31/10	1 hr Yd. Free	4680 yds	Tom Landis	1/31/08
			300 Yd. Pentathlon	3:36.25	George Thayer	2/7/04
10:49.30	Peggie Hodge	3/11/06	600 Yd. Pentathlon	7:28.61	Tom Landis	3/21/09
			1200 Yd. Pentathlon			
			2250 Yd. Brute			
WOMEN 70-74			MEN 70-74			
43.55	Peggie Hodge	4/10/10	50 Yd. Free	29.40	George Thayer	5/15/06
1:46.81	Kaleo Schroder	5/19/07	100 Yd. Free	1:08.50	George Thayer	4/11/09
3:53.53	Bev L'Esperance	4/7/02	200 Yd. Free	2:42.53	George Thayer	4/9/06
10:23.28	Bev L'Esperance	4/7/02	500 Yd. Free	7:30.82	Brent Lake	10/26/08
20:29.80	Peggie Hodge	4/10/10	1000 Yd. Free	15:20.77	Brent Lake	10/26/08
			1650 Yd. Free	25:36.20	Brent Lake	10/26/08
53.98	Kaleo Schroder	5/19/07	50 Yd. Back	34.93	George Thayer	5/4/08
2:04.00	Kaleo Schroder	5/18/07	100 Yd. Back	1:18.16	George Thayer	5/15/06
4:36.07	Bev L'Esperance	4/7/02	200 Yd. Back	2:54.85	George Thayer	5/16/06
57.14	Peggie Hodge	4/10/10	50 Yd. Breast	40.22	George Thayer	4/23/06
1:54.95	Peggie Hodge	4/10/10	100 Yd. Breast	1:34.01	George Thayer	4/23/06
5:13.59	Kaleo Schroder	4/11/10	200 Yd. Breast	3:36.98	George Thayer	4/23/06
			50 Yd. Fly	42.97	George Thayer	3/11/06
			100 Yd. Fly			
			200 Yd. Fly			
1:54.71	Peggie Hodge	4/10/10	100 Yd. I. M.	1:24.47	George Thayer	3/21/09
			200 Yd. I. M.	3:21.38	George Thayer	4/9/06
			400 Yd. I. M.			
			3000 Yd. Free	47:11.63	Brent Lake	10/26/08
			6000 Yd. Free	1:42:58.62	Brent Lake	11/15/08
			1 hr Yd. Free	3605 yds	Brent Lake	11/15/08
			300 Yd. Pentathlon	3:55.75	George Thayer	3/21/09
			600 Yd. Pentathlon			
			1200 Yd. Pentathlon			
			2250 Yd. Brute			
WOMEN 75-79			MEN 75-79			
56.96	Bev L'Esperance	4/22/07	50 Yd. Free	31.30	George Thayer	4/10/11
2:10.16	Ada Hebert	5/30/92	100 Yd. Free	1:14.71	George Thayer	4/10/11
4:39.38	Bev L'Esperance	4/21/07	200 Yd. Free	2:54.07	George Thayer	4/9/11
12:11.61	Bev L'Esperance	4/22/07	500 Yd. Free	10:01.46	George Weber	4/1/07
			1000 Yd. Free	21:38.24	George Weber	4/20/07
			1650 Yd. Free	36:48.67	George Weber	4/20/07
1:06.14	Bev L'Esperance	4/21/07	50 Yd. Back	38.15	George Thayer	3/13/11
2:33.27	Bev L'Esperance	4/22/07	100 Yd. Back	1:25.18	George Thayer	4/10/11
5:00.49	Bev L'Esperance	4/21/07	200 Yd. Back	3:14.33	George Thayer	3/13/11
			50 Yd. Breast	42.07	George Thayer	4/9/11
			100 Yd. Breast			
			200 Yd. Breast			
			50 Yd. Fly	44.81	Mike Delaney	4/19/09
			100 Yd. Fly			
			200 Yd. Fly			
			100 Yd. I. M.	1:30.71	George Thayer	4/9/11
			200 Yd. I. M.			
			400 Yd. I. M.			
1:11:07.99	Nina Gee	11/15/08	3000 Yd. Free			
			6000 Yd. Free			
2520 yds	Pat Hunt	1/31/10	1 hr Yd. Free			
			300 Yd. Pentathlon			
			600 Yd. Pentathlon			
			1200 Yd. Pentathlon			
			2250 Yd. Brute			

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WOMEN 80-84			MEN 80-84
1:05.27	Ada Hebert	99	50 Yd. Free
2:25.81	Ada Hebert	99	100 Yd. Free
			200 Yd. Free
			500 Yd. Free
			1000 Yd. Free
			1650 Yd. Free
1:16.02	Ada Hebert	99	50 Yd. Back
2:46.32	Ada Hebert	99	100 Yd. Back
			200 Yd. Back
			50 Yd. Breast
			100 Yd. Breast
			200 Yd. Breast
			50 Yd. Fly
			100 Yd. Fly
			200 Yd. Fly
			100 Yd. I. M.
			200 Yd. I. M.
			400 Yd. I. M.
			3000 Yd. Free
			6000 Yd. Free
			1 hr Yd. Free
			300 Yd. Pentathlon
			600 Yd. Pentathlon
			1200 Yd. Pentathlon
			2250 Yd. Brute
WOMEN 85-89			MEN 85-89
			50 Yd. Free
			100 Yd. Free
			200 Yd. Free
			500 Yd. Free
			1000 Yd. Free
			1650 Yd. Free
			50 Yd. Back
			100 Yd. Back
			200 Yd. Back
			50 Yd. Breast
			100 Yd. Breast
			200 Yd. Breast
			50 Yd. Fly
			100 Yd. Fly
			200 Yd. Fly
			100 Yd. I. M.
			200 Yd. I. M.
			400 Yd. I. M.
			3000 Yd. Free
			6000 Yd. Free
			1 hr Yd. Free
			300 Yd. Pentathlon
			600 Yd. Pentathlon
			1200 Yd. Pentathlon
			2250 Yd. Brute
WOMEN 90-94			MEN 90-94
			50 Yd. Free
			100 Yd. Free
			200 Yd. Free
			500 Yd. Free
			1000 Yd. Free
			1650 Yd. Free
			50 Yd. Back
			100 Yd. Back
			200 Yd. Back
			50 Yd. Breast
			100 Yd. Breast
			200 Yd. Breast
			50 Yd. Fly
			100 Yd. Fly
			200 Yd. Fly
			100 Yd. I. M.
			200 Yd. I. M.
			400 Yd. I. M.
			3000 Yd. Free
			6000 Yd. Free
			1 hr Yd. Free
			300 Yd. Pentathlon
			600 Yd. Pentathlon
			1200 Yd. Pentathlon
			2250 Yd. Brute

COMA Individual Records (Short Course Yards) -- as of 4/10/2011

WOMEN 95-99

MEN 95-99

50 Yd. Free
100 Yd. Free
200 Yd. Free
500 Yd. Free
1000 Yd. Free
1650 Yd. Free
50 Yd. Back
100 Yd. Back
200 Yd. Back
50 Yd. Breast
100 Yd. Breast
200 Yd. Breast
50 Yd. Fly
100 Yd. Fly
200 Yd. Fly
100 Yd. I. M.
200 Yd. I. M.
400 Yd. I. M.
3000 Yd. Free
6000 Yd. Free
1 hr Yd. Free
300 Yd. Pentathlon
600 Yd. Pentathlon
1200 Yd. Pentathlon
2250 Yd. Brute