

**COMA Individual Records (Short Course Meters) -- as of 12/9/2023**

**WOMEN 18-24**

30.81	Jessica Burley	12/10/06
1:05.90	Jessica Burley	12/5/04
2:36.49	Jessica Burley	06
5:22.37	Jessica Burley	06
42.41	Christina Wilkinson	11/9/03
1:14.21	Angela Coburn	11/19/06
2:41.78	Angela Coburn	11/19/06
40.99	Angela Coburn	11/19/06
1:26.90	Angela Coburn	11/19/06
3:06.69	Angela Coburn	11/19/06
32.67	Jessica Burley	12/10/06
1:13.26	Jessica Burley	12/5/04
1:16.63	Jessica Burley	12/10/06
2:44.81	Jessica Burley	12/5/04
6:12.77	Angela Coburn	11/4/07

3:49.62	Jessica Burley	12/10/06
7:54.23	Jessica Burley	12/5/04

**WOMEN 25-29**

30.45	Candace Christensen	95
1:05.85	Candace Christensen	95
2:27.04	Sara Quan	01
4:46.98	Sara Quan	01
9:54.51	Sara Quan	01
18:29.45	Sara Quan	01
34.71	Tori Eisenbeis	01
1:17.17	Tori Eisenbeis	01
2:45.78	Tori Eisenbeis	01
38.37	Sara Quan	5/4/02
1:27.91	Kelsey Holmberg	11/13/10
3:06.05	Sara Quan	01
33.18	Sara Quan	5/4/02
1:16.48	Sara Quan	01
2:44.47	Jenny Marine	4/18/04
1:14.16	Sara Quan	5/4/02
2:49.53	Kelsey Holmberg	11/13/10
5:53.21	Jenny Marine	4/18/04
48:00.99	Wendy McGrane	1/31/06
3750 m	Wendy McGrane	1/31/06
3:51.20	Tanya Ogle	4/3/02
8:01.45	Kelsey Holmberg	11/13/10
18:01.74	Jenny Marine	12/5/04

**WOMEN 30-34**

29.84	Becky Potvin	12/14/19
1:07.11	Sara Quan	11/14/04
2:17.92	Sara Quan	11/14/04
4:43.59	Sara Quan	11/14/04
9:45.42	Sara Quan	12/15/02
19:05.91	Amy Halligan	00
38.94	Becky Potvin	12/14/19
1:20.43	Sara Quan	9/11/05
2:43.44	Sara Quan	12/15/02
38.37	Sara Quan	9/11/05
1:22.10	Sara Quan	9/11/05
2:57.02	Sara Quan	11/14/04
33.55	Michelle Morrell	95
1:15.84	Sara Quan	9/11/05
2:45.37	Amy Johnson	4/28/13
1:15.86	Michelle Morrell	95
2:44.37	Michelle Morrell	95
5:46.03	Amy Halligan	00
43:26.99	Jenny Marine	1/31/06
4145 m	Jenny Marine	1/31/06
3:32.31	Sara Quan	5/4/02
9:36.51	Grace Ogawa	12/8/18
21:11.74	Andi Pape	12/10/06
29:08.11	Amy Johnson	12/8/12

**MEN 18-24**

50 M. Free	26.40	Brendan Hanson	12/8/01
100 M. Free	58.31	Connor Brenda	12/7/13
200 M. Free	2:09.91	Greg Welch	94
400 M. Free	4:56.22	Travis Smith	4/28/13
800 M. Free	10:44.31	Sean Burton	97
1500 M. Free	19:15.78	Greg Welch	94
50 M. Back	42.85	Lindon Powell	12/10/11
100 M. Back	1:00.96	Connor Brenda	12/7/13
200 M. Back	2:52.91	Travis Smith	10/14/12
50 M. Breast	32.19	Connor Brenda	12/7/13
100 M. Breast	1:23.82	Travis Smith	4/27/13
200 M. Breast	3:00.53	Travis Smith	4/27/13
50 M. Fly	30.41	Brendan Hanson	12/8/01
100 M. Fly	1:06.24	Brendan Hanson	12/8/01
200 M. Fly			
100 M. I. M.	1:03.70	Connor Brenda	12/7/13
200 M. I. M.	2:34.88	Nathan Collins	3/8/15
400 M. I. M.			
3000 M. Free			
6000 M. Free			
1 hr M. Free			
300 M. Pentathlon	4:04.14	Lindon Powell	12/10/11
600 M. Pentathlon			
1200 M. Pentathlon			
2100 M. Brute			

**MEN 25-29**

50 M. Free	24.35	Logan Madson	12/10/11
100 M. Free	57.70	Tim Farrington	2/28/10
200 M. Free	2:06.10	Tim Farrington	2/22/09
400 M. Free	4:38.40	Tim Farrington	12/14/08
800 M. Free			
1500 M. Free			
50 M. Back	27.44	Logan Madson	12/10/11
100 M. Back	1:14.45	Scot Elliott	11/9/03
200 M. Back			
50 M. Breast	31.81	Logan Madson	12/10/11
100 M. Breast	1:16.11	Scot Elliott	11/9/03
200 M. Breast			
50 M. Fly	26.00	Logan Madson	12/10/11
100 M. Fly	1:04.76	Tim Farrington	2/28/10
200 M. Fly			
100 M. I. M.	59.79	Logan Madson	12/10/11
200 M. I. M.	2:21.44	Tim Farrington	2/22/09
400 M. I. M.	5:17.09	Tim Farrington	12/14/08
3000 M. Free			
5000 M. Free			
1 hr M. Free			
300 M. Pentathlon	2:49.39	Logan Madson	12/10/11
600 M. Pentathlon	7:22.25	Scot Elliott	11/9/03
1200 M. Pentathlon			
2100 M. Brute			

**MEN 30-34**

50 M. Free	25.57	Nic Morrell	12/10/22
100 M. Free	56.60	Nic Morrell	3/11/23
200 M. Free	2:06.09	Kerry Claussen	4/18/04
400 M. Free	4:53.71	Aaron Rodriguez	4/28/13
800 M. Free	11:29.47	Robert Gilman	5/4/02
1500 M. Free	20:09.93	Eric Steinhaff	92
50 M. Back	27.55	Nic Morrell	11/12/22
100 M. Back	1:00.35	Nic Morrell	11/12/22
200 M. Back	2:16.92	Nic Morrell	3/12/23
50 M. Breast	30.59	Tamas Bessenyei	12/10/11
100 M. Breast	1:23.92	Pieter Bergmans	12/5/04
200 M. Breast			
50 M. Fly	27.23	Nic Morrell	11/12/22
100 M. Fly	1:02.42	Nic Morrell	12/9/23
200 M. Fly			
100 M. I. M.	1:03.65	Nic Morell	12/10/22
200 M. I. M.	2:37.62	Scot Elliott	4/2/06
400 M. I. M.	5:23.15	Griffin Pool	12/9/23
3000 M. Free			
6000 M. Free			
1 hr M. Free			
300 M. Pentathlon	2:59.22	Nic Morrell	12/10/22
600 M. Pentathlon	7:50.44	Pieter Bergmans	12/5/04
1200 M. Pentathlon			
2100 M. Brute			

**COMA Individual Records (Short Course Meters) -- as of 12/9/2023**

**WOMEN 35-39**

27.50	Amy Ward	8/31/11
1:00.69	Amy Ward	8/31/11
2:12.79	Amy Ward	8/31/11
5:02.03	Kristine Senkier	11/4/07
10:27.24	Sara Nelson	2/18/07
19:29.57	Sara Nelson	2/18/07
34.95	Amy Ward	12/10/11
1:11.01	Amy Ward	8/31/11
2:52.53	Sara Nelson	2/18/07
36.50	Jayna Tomac	2/18/07
1:20.39	Jayna Tomac	12/9/07
2:58.87	Jayna Tomac	12/9/07
30.98	Amy Ward	8/31/11
1:15.79	Cheryl Morgen	12/10/06
3:05.12	Cheryl Morgen	11/2/08
1:14.02	Jayna Tomac	2/18/17
2:48.57	Sara Nelson	2/18/07
6:31.57	Tara Godlove	11/14/09
47:46.99	Elizabeth Strausbaugh	1/21/13
3785 m	Elizabeth Strausbaugh	1/21/13
3:37.40	Amy Ward	12/10/11
8:06.46	Stacey Kiefer	12/10/16
17:48.87	Stacey Kiefer	12/9/17
29:52.99	Stacey Kiefer	12/9/17

**WOMEN 40-44**

29.42	Karen Allen	4/18/04
1:08.30	Barb Harris	02
2:21.68	Stephanie Schultz	11/1/08
4:57.19	Sara Nelson	12/10/16
10:04.07	Sara Nelson	12/10/16
19:02.10	Sara Nelson	12/10/16
35.81	Gillian Salton	4/27/13
1:17.60	Barb Harris	02
2:56.95	Gillian Salton	3/17/13
41.68	Karen Allen	4/18/04
1:29.91	Stacey Kiefer	12/8/18
3:01.20	Sara Nelson	12/5/15
32.63	Barb Harris	02
1:14.70	Stacey Kiefer	12/8/18
2:53.92	Amy Johnson	12/11/21
1:16.76	Barb Harris	02
2:45.86	Sara Nelson	12/5/15
6:00.57	Stacey Kiefer	11/12/22
44:08.99	Stephanie Schultz	1/31/07
4050 m	Stephanie Schultz	1/31/07
4:16.30	Pam Zigler	12/5/04
8:01.12	Stacey Kiefer	12/8/18
31:28.66	Gillian Salton	12/8/2012

**WOMEN 45-49**

30.54	Gillian Salton	4/27/13
1:10.92	Mary Sweat	10/29/05
2:29.77	Stacey Kiefer	12/9/23
4:57.06	Sara Nelson	7/7/2017
10:32.95	Mary Sweat	10/29/05
19:49.05	Mary Sweat	11/14/04
35.81	Gillian Salton	4/27/13
1:17.97	Gillian Salton	4/28/13
2:49.73	Gillian Salton	4/28/13
40.53	Cathy Imwalle	97
1:28.09	Cathy Imwalle	97
3:11.55	Cathy Imwalle	97
34.34	Cheryl Morgen	12/6/14
1:19.75	Cheryl Morgen	12/10/16
2:59.49	Stacey Kiefer	12/9/23
1:21.40	Cathy Imwalle	97
2:56.59	Gillian Salton	4/28/13
6:02.09	Stacey Kiefer	12/9/23
41:08.31	Mary Sweat	1/31/05
4345 m	Mary Sweat	1/31/05
3:53.04	Gillian Salton	12/10/16
9:15.74	Cheryl Morgen	12/8/18
18:02.97	Stacey Kiefer	12/9/23
29:35.75	Stacey Kiefer	12/9/23

**MEN 35-39**

26.95	Mike Tennant	92
59.59	Hardy Lussier	11/9/03
2:10.91	Hardy Lussier	4/18/04
4:34.78	Tim Nelson	11/14/04
9:40.34	Tim Nelson	11/14/04
20:24.20	Rob Higley	03
31.59	Steve Mann	92
1:07.80	Jacob Swinn	12/14/19
2:38.12	Hardy Lussier	12/5/04
32.27	Stephen Williams	4/2/06
1:14.19	Stephen Williams	4/2/06
2:43.65	Hardy Lussier	12/5/04
27.75	Stephen Williams	4/2/06
1:03.05	Hardy Lussier	11/9/03
2:19.78	Hardy Lussier	12/5/04
1:07.06	Hardy Lussier	4/18/04
2:26.31	Hardy Lussier	11/9/03
5:16.95	Hardy Lussier	12/5/04
41:04.00	Rob Higley	1/31/03
1:23:48.99	Brett Crandall	10/28/17
4380 m	Rob Higley	1/31/03
3:29.27	Franz Binder	11/14/09
6:53.18	Hardy Lussier	11/9/03
15:13.30	Hardy Lussier	12/5/04
31:21.59	Brian Hemphill	12/8/12

**MEN 40-44**

26.80	Mike Tennant	94
56.25	Hardy Lussier	4/2/06
2:03.40	Hardy Lussier	2/19/06
4:36.15	Tim Nelson	06
9:55.35	Tim Nelson	2/18/07
18:46.52	Tim Nelson	2/18/07
31.15	Steve Mann	94
1:08.43	Steve Mann	95
2:26.32	Matt Gilman	3/19/17
34.79	Hardy Lussier	2/19/06
1:13.52	Hardy Lussier	2/19/06
2:45.04	Hardy Lussier	11/14/09
28.14	Jacob Swinn	4/23/23
1:05.43	Jacob Swinn	2/20/22
2:21.58	Hardy Lussier	11/14/09
1:05.32	Matt Gilman	3/19/17
2:31.42	Steve Mann	95
5:17.60	Hardy Lussier	11/14/09
38:50.99	Hardy Lussier	1/31/06
4635 m	Hardy Lussier	1/31/06
3:26.17	Christian Tujo	12/6/14
7:30.28	Chris Tujo	12/10/11
15:15.17	Hardy Lussier	11/14/09
32:31.05	Steve Wursta	12/17/08

**MEN 45-49**

25.99	Hardy Lussier	12/10/11
56.48	Hardy Lussier	4/28/13
2:09.05	Matt Gilman	12/10/22
4:24.00	Hardy Lussier	4/28/13
9:13.34	Hardy Lussier	4/27/13
17:42.47	Hardy Lussier	4/26/13
33.06	Steve Mann	97
1:07.54	Darren Kling	12/5/15
2:26.08	Matt Gilman	12/10/22
33.02	Hardy Lussier	12/10/11
1:17.04	Darren Kling	12/5/15
2:43.66	Matt Gilman	12/10/22
29.20	Hardy Lussier	12/10/11
1:03.92	Hardy Lussier	4/27/13
2:24.06	Hardy Lussier	11/13/10
1:05.67	Hardy Lussier	12/10/11
2:27.42	Darren Kling	12/5/15
5:01.36	Matt Gilman	12/10/22
36:21.99	Hardy Lussier	10/27/13
4900 m	Hardy Lussier	1/31/13
3:07.67	Hardy Lussier	12/10/11
6:56.81	Darren Kling	12/5/15
14:46.97	Matt Gilman	12/10/22
29:26.34	Chris Tujo	12/8/18

## COMA Individual Records (Short Course Meters) -- as of 12/9/2023

### WOMEN 50-54

29.39	Beth Martell	11/19/23
1:03.98	Beth Martell	11/19/23
2:21.36	Beth Martell	3/11/23
4:59.89	Beth Martell	3/18/23
11:06.79	Kris Denney	12/10/11
21:00.24	Kris Denney	12/10/11
34.59	Beth Martell	3/12/23
1:12.45	Beth Martell	11/19/23
2:36.98	Beth Martell	3/12/23
45.14	Gillian Salton	12/11/21
1:44.63	Pam Himstreet	97
3:37.31	Pam Himstreet	12/7/13
32.95	Beth Martell	11/18/23
1:17.01	Denise Stuntzner	3/9/14
3:09.84	Cheryl Morgen	12/14/19
1:13.73	Beth Martell	11/19/23
2:39.60	Beth Martell	3/11/23
5:54.96	Beth Martell	3/13/22
54:43.88	Lynn Albrow	11/11/13
3315 m	Cynthia Larkin	1/30/13
3:59.44	Gillian Salton	12/11/21
13:36.63	Connie Peterson	11/14/09
19:39.27	Gillian Salton	12/10/22
31:16.34	Kris Denney	12/10/11

### WOMEN 55-59

31.22	Susie Rabiah	3/20/22
1:07.62	Valerie Jenkins	3/12/22
2:33.69	Susie Rabiah	2/20/22
5:34.33	Kris Denney	12/5/15
11:15.68	Kris Denney	12/5/15
21:09.58	Kris Denney	12/5/15
34.74	Valerie Jenkins	3/13/22
1:16.14	Valerie Jenkins	3/12/22
3:11.93	Cherie Touchette	12/8/18
46.07	Madeleine Holmberg	2/28/10
1:34.85	Susie Rabiah	11/12/22
3:36.46	Teri Hendryx	5/18/08
34.34	Susie Rabiah	3/20/22
1:27.77	Betsy Hanson	12/8/18
3:13.66	Betsy Hanson	12/14/19
1:19.47	Valerie Jenkins	11/12/22
3:16.04	Madeleine Holmberg	3/21/10
6:41:53	Kris Denney	12/5/15
2970 m	Jeannie Groesz	1/31/07
4:50.02	Deb Douglas	11/14/09
19:48.27	Cherie Touchette	12/8/18
32:17.97	Cherie Touchette	12/8/18

### WOMEN 60-64

35.21	Janet Gettling	11/6/11
1:20.00	Cathy Imwalle	12/10/11
2:36.73	Cherie Touchette	12/9/23
5:42.95	Kerri Roussain	12/14/19
11:34.70	Kerri Roussain	12/14/19
21:52.09	Kerri Roussain	12/14/19
43.41	Madeleine Holmberg	4/28/13
1:31.22	Cathy Imwalle	12/10/11
3:10.05	Cherie Touchette	12/9/23
43.33	Christy Hartman	2/23/14
1:38.41	Janet Gettling	8/20/11
3:42.51	Janet Gettling	11/6/11
34.30	Arlene Delmage	3/12/22
1:37.81	Janet Gettling	12/8/12
2:52.60	Arlene Delmage	3/13/22
1:22.92	Arlene Delmage	3/13/22
3:17.47	Madeleine Holmberg	4/28/13
6:46.21	Cherie Touchette	12/9/23
58:34.99	Linda Carstens	10/6/14
3035 m	Jeannie Groesz	1/31/10
4:19.04	Janet Gettling	11/13/10
9:46.80	Madeleine Holmberg	12/7/13
19:42.29	Cherie Touchette	12/9/23
41:42.01	Joanie Krehbiel	12/11/21

### MEN 50-54

25.89	Jim Ivelich	4/28/13
58.21	Mike Tennant	12/7/03
2:06.88	Hardy Lussier	3/19/17
4:37.91	Hardy Lussier	3/19/17
9:48.00	Hardy Lussier	12/10/16
18:09.31	Hardy Lussier	12/10/16
33.85	Gary Oliver	11/2/08
1:09.27	Jim Josberger	11/12/22
2:28:67	Jim Josberger	11/12/22
35.19	Jim Ivelich	4/14/12
1:21.33	Gary Oliver	5/18/08
2:53.06	Gary Oliver	12/7/08
29.14	Gabe Duus	11/12/22
1:07.40	Gabe Duus	3/12/22
2:43.48	Kris Calvin	3/25/12
1:10.12	Gary Oliver	12/7/08
2:31.09	Gary Oliver	12/7/08
5:27.54	Gary Oliver	2/22/09
38:14.99	Hardy Lussier	10/28/17
1:16:16.99	Hardy Lussier	10/28/17
4700m	Hardy Lussier	10/28/17
3:20.58	Mike Tennant	9/10/06
8:03.18	Kris Calvin	12/10/16
17:02.30	Kris Calvin	12/5/15
28:19.93	Gary Oliver	12/14/08

### MEN 55-59

25.38	Mike Tennant	12/13/09
57.52	Mike Tennant	2/17/08
2:14.83	Mike Tennant	2/17/08
4:56.88	Mike Tennant	2/17/08
10:31.56	Mike Tennant	5/18/08
20:04.73	Bob Bruce	11/19/06
32.20	Peter Metzger	4/28/13
1:10.79	Peter Metzger	4/28/13
2:49.57	Bob Bruce	12/7/03
35.12	Mike Tennant	11/2/08
1:18.74	Mike Tennant	11/1/08
3:03.54	Steve Furness	11/12/17
29.43	Mike Power	11/18/23
1:10.32	Mike Tennant	11/2/08
2:45.70	Mike Tennant	5/18/08
1:09.16	Mike Power	11/19/23
2:34.21	Mike Tennant	5/18/08
5:38.39	Mike Tennant	11/1/08
44:43.50	Bob Bruce	1/31/06
4030 m	Bob Bruce	1/31/06
3:23.30	Steve Mann	12/10/11
8:06.85	Mike Tennant	12/8/12
19:06.25	Kermit Yensen	12/8/12
33:30.66	Steve Wursta	12/11/21

### MEN 60-64

26.58	Mike Tennant	4/27/13
1:01.60	Mike Tennant	4/28/13
2:15.73	Tom Landis	3/17/02
4:56.83	Tom Landis	3/16/02
10:28.10	Tom Landis	5/4/02
19:46.65	Bob Bruce	2/17/08
32.91	Steve Mann	4/15/12
1:14.24	Steve Mann	4/14/12
2:51.48	Bob Bruce	11/1/08
36.17	Steve Mann	4/28/13
1:21.96	Rick Howell	12/11/21
3:01.64	Rick Howell	3/13/22
31.30	Mike Tennant	12/7/13
1:12.78	Mike Tennant	4/27/13
3:09.56	Rick Howell	12/11/21
1:12.13	Steve Mann	4/27/13
2:46.37	Mike Tennant	4/28/13
5:55.37	Bob Bruce	2/17/08
47:48.99	Brooks Richardson	1/19/14
3780 m	Brooks Richardson	1/19/14
3:24.61	Steve Mann	12/8/12
8:40.26	Tom Landis	12/5/04
20:23.11	Kermit Yensen	12/9/17
34:44.70	Kermit Yensen	12/9/17

## COMA Individual Records (Short Course Meters) -- as of 12/9/2023

WOMEN 65-69				MEN 65-69			
35.28	Janet Gettling	9/28/14	50 M. Free	29.00	Steve Mann	12/14/19	
1:20.97	Janet Gettling	12/9/17	100 M. Free	1:02.12	Tom Landis	2/18/07	
3:02.76	Janet Gettling	10/12/14	200 M. Free	2:17.15	Tom Landis	5/18/08	
6:27.48	Janet Gettling	3/8/14	400 M. Free	4:55.56	Tom Landis	2/18/07	
14:04.32	Janet Gettling	12/10/16	800 M. Free	10:21.19	Tom Landis	5/18/08	
26:30.56	Janet Gettling	12/10/16	1500 M. Free	19:32.78	Tom Landis	2/18/07	
44.06	Janet Gettling	10/12/14	50 M. Back	35.64	Steve Mann	12/14/19	
1:44.49	Janet Gettling	3/16/14	100 M. Back	1:26.43	Brent Lake	11/9/03	
3:45.28	Janet Gettling	12/7/13	200 M. Back	3:05.43	Kermit Yensen	12/8/18	
42.96	Janet Gettling	11/18/17	50 M. Breast	39.66	Mike Tennant	12/14/19	
1:38.36	Janet Gettling	10/11/14	100 M. Breast	1:32.90	Bob Bruce	4/27/13	
3:43.30	Janet Gettling	3/10/13	200 M. Breast	3:23.05	Bob Bruce	4/27/13	
38.68	Janet Gettling	11/19/17	50 M. Fly	33.15	Steve Mann	12/14/19	
1:35.05	Janet Gettling	11/19/17	100 M. Fly	1:24.87	David Roach	4/23/23	
3:38.55	Janet Gettling	9/28/14	200 M. Fly	3:19.57	Tom Landis	1/13/08	
1:30.96	Janet Gettling	4/27/13	100 M. I. M.	1:18.04	Steve Mann	12/14/19	
3:27.55	Janet Gettling	4/28/13	200 M. I. M.	2:54.64	Tom Landis	1/13/08	
7:19.33	Janet Gettling	3/8/15	400 M. I. M.	6:19.69	Tom Landis	1/13/08	
			3000 M. Free	45:46.99	Bob Bruce	10/16/14	
			6000 M. Free	1:34:27.83	Bob Bruce	11/10/16	
2620 m	Peggy Whiter	1/30/12	1 hr M. Free	3685 m	Bob Bruce	2/22/17	
			300 M. Pentathlon	3:59.37	Tom Landis	12/10/11	
12:11.32	Peggie Hodge	9/11/05	600 M. Pentathlon	8:51.66	Tom Landis	11/13/10	
			1200 M. Pentathlon	19:58.63	Kermit Yensen	12/8/18	
			2100 M. Brute	34:19.58	Kermit Yensen	12/8/18	
WOMEN 70-74				MEN 70-74			
37.66	Janet Gettling	12/14/19	50 M. Free	29.86	Tom Landis	4/14/12	
1:22.60	Janet Gettling	3/10/18	100 M. Free	1:06.28	Tom Landis	4/28/13	
3:25.78	Janet Gettling	11/12/22	200 M. Free	2:26.61	Tom Landis	4/27/13	
7:01.70	Janet Gettling	11/12/22	400 M. Free	5:10.07	Dan Kirkland	3/13/22	
14:09.14	Janet Gettling	11/12/22	800 M. Free	10:41.60	Dan Kirkland	1/30/22	
27:53.90	Janet Gettling	12/10/22	1500 M. Free	20:10.85	Dan Kirkland	1/30/22	
45.29	Janet Gettling	12/8/18	50 M. Back	40.08	Kermit Yensen	3/11/23	
1:41.62	Janet Gettling	3/9/19	100 M. Back	1:19.18	Dan Kirkland	3/12/22	
5:30.93	Kaleo Schroder	11/13/10	200 M. Back	2:47.80	Dan Kirkland	11/12/22	
44.35	Janet Gettling	2/3/18	50 M. Breast	44.01	Bob Bruce	3/13/22	
1:40.09	Janet Gettling	2/3/18	100 M. Breast	1:37.82	Bob Bruce	12/8/18	
3:43.76	Janet Gettling	2/3/18	200 M. Breast	3:29.51	Bob Bruce	11/10/18	
46.66	Janet Gettling	12/14/19	50 M. Fly	35.26	Tom Landis	12/8/12	
1:40.68	Janet Gettling	3/11/18	100 M. Fly	1:32.11	Bob Bruce	12/8/18	
4:00.38	Janet Gettling	12/14/19	200 M. Fly	3:20.93	Tom Landis	12/7/13	
1:34.27	Janet Gettling	3/10/18	100 M. I. M.	1:19.98	Tom Landis	4/27/13	
3:59.47	Janet Gettling	3/20/22	200 M. I. M.	2:55.18	Tom Landis	4/28/13	
			400 M. I. M.	6:17.67	Tom Landis	4/26/13	
			3000 M. Free	45:06.23	Bob Bruce	11/9/20	
			6000 M. Free	1:35:45.44	Bob Bruce	10/12/20	
			1 hr M. Free	3930m	Bob Bruce	3/23/21	
4:52.47	Janet Gettling	12/11/21	300 M. Pentathlon	4:34.74	George Thayer	9/9/07	
			600 M. Pentathlon	8:58.73	Bob Bruce	12/8/18	
			1200 M. Pentathlon				
			2100 M. Brute				
WOMEN 75-79				MEN 75-79			
38.63	Janet Gettling	12/9/23	50 M. Free	33.89	Dan Kirkland	3/11/23	
1:28.79	Janet Gettling	11/19/23	100 M. Free	1:09.33	Dan Kirkland	3/11/23	
3:27.32	Janet Gettling	2/5/23	200 M. Free	2:26.87	Dan Kirkland	11/18/23	
7:02.15	Janet Gettling	2/5/23	400 M. Free	5:09.95	Dan Kirkland	3/12/23	
14:10.72	Janet Gettling	2/5/23	800 M. Free	10:40.84	Dan Kirkland	2/5/23	
26:36.25	Janet Gettling	2/5/23	1500 M. Free	20:18.58	Dan Kirkland	2/5/23	
52.17	Janet Gettling	4/2/23	50 M. Back	42.79	George Thayer	5/15/11	
2:28.19	Kaleo Schroder	10/12/12	100 M. Back	1:19.05	Dan Kirkland	11/19/23	
6:14.05	Bev L'Esperance	10/11/08	200 M. Back	2:46.03	Dan Kirkland	11/18/23	
48.09	Janet Gettling	11/19/23	50 M. Breast	47.07	George Thayer	5/15/11	
1:52.88	Janet Gettling	3/12/23	100 M. Breast	1:40.33	Bob Bruce	3/12/23	
			200 M. Breast	3:36.10	Bob Bruce	12/9/23	
46.46	Janet Gettling	11/18/23	50 M. Fly	43.77	Bob Bruce	3/11/23	
1:49.77	Janet Gettling	11/18/23	100 M. Fly	1:35.59	Bob Bruce	3/11/23	
4:01.71	Janet Gettling	3/12/23	200 M. Fly	3:32.33	Bob Bruce	12/9/23	
1:42.25	Janet Gettling	3/12/23	100 M. I. M.	1:22.22	Dan Kirkland	11/19/23	
3:46.07	Janet Gettling	11/18/23	200 M. I. M.	3:17.46	Bob Bruce	3/12/23	
8:03.16	Janet Gettling	3/11/23	400 M. I. M.	6:29.51	Dan Kirkland	11/19/23	
			3000 M. Free				
			6000 M. Free				
			1 hr M. Free	2325 m	George Weber	1/31/07	
			300 M. Pentathlon	4:29.81	Bob Bruce	12/9/23	
			600 M. Pentathlon				
			1200 M. Pentathlon	20:09.07	Bob Bruce	12/9/23	
			2100 M. Brute				

## COMA Individual Records (Short Course Meters) -- as of 12/9/2023

### WOMEN 80-84

1:06.13	Pat Hunt	11/9/11
2:18.99	Pat Hunt	1/22/12
4:48.99	Pat Hunt	1/22/12
9:53.99	Pat Hunt	1/22/12
20:04.99	Pat Hunt	1/22/12
38:01.99	Pat Hunt	1/22/12
1:25.18	Bev L'Esperance	10/12/12
3:17.90	Ada Hebert	98
6:50.07	Ada Hebert	98

### MEN 80-84

50 M. Free	46.29	Roger Rudolph	4/23/23
100 M. Free	1:46.46	Roger Rudolph	4/23/23
200 M. Free	5:40.70	Lew Hollander	4/26/13
400 M. Free	11:42.26	Lew Hollander	4/26/13
800 M. Free	23:40.99	Lew Hollander	4/26/13
1500 M. Free	44:59.24	Lew Hollander	4/26/13
50 M. Back	50.75	George Thayer	12/10/16
100 M. Back	2:05.16	Brent Lake	3/25/18
200 M. Back	4:32.54	Brent Lake	3/25/18
50 M. Breast	59.94	George Thayer	12/10/16
100 M. Breast			
200 M. Breast			
50 M. Fly			
100 M. Fly			
200 M. Fly			
100 M. I. M.			
200 M. I. M.			
400 M. I. M.			
3000 M. Free			
6000 M. Free			
1 hr M. Free			
300 M. Pentathlon	1740 m	George Weber	1/30/11
600 M. Pentathlon			
1200 M. Pentathlon			
2100 M. Brute			

1:19:01.02	Pat Hunt	11/9/11
2370 m	Pat Hunt	1/22/12

### WOMEN 85-89

50 M. Free
100 M. Free
200 M. Free
400 M. Free
800 M. Free
1500 M. Free
50 M. Back
100 M. Back
200 M. Back
50 M. Breast
100 M. Breast
200 M. Breast
50 M. Fly
100 M. Fly
200 M. Fly
100 M. I. M.
200 M. I. M.
400 M. I. M.
3000 M. Free
6000 M. Free
1 hr M. Free
300 M. Pentathlon
600 M. Pentathlon
1200 M. Pentathlon
2100 M. Brute

### MEN 85-89

### WOMEN 90-94

50 M. Free
100 M. Free
200 M. Free
400 M. Free
800 M. Free
1500 M. Free
50 M. Back
100 M. Back
200 M. Back
50 M. Breast
100 M. Breast
200 M. Breast
50 M. Fly
100 M. Fly
200 M. Fly
100 M. I. M.
200 M. I. M.
400 M. I. M.
3000 M. Free
6000 M. Free
1 hr M. Free
300 M. Pentathlon
600 M. Pentathlon
1200 M. Pentathlon
2100 M. Brute

### MEN 90-94

## COMA Individual Records (Short Course Meters) -- as of 12/9/2023

### WOMEN 95-99

	50 M. Free	1:03.28	Willard Lamb	12/11/21
	100 M. Free	2:28.74	Willard Lamb	12/11/21
	200 M. Free	4:58.62	Willard Lamb	12/11/21
	400 M. Free			
	800 M. Free			
	1500 M. Free			
	50 M. Back	1:11.84	Willard Lamb	12/11/84
	100 M. Back			
	200 M. Back			
	50 M. Breast			
	100 M. Breast			
	200 M. Breast			
	50 M. Fly			
	100 M. Fly			
	200 M. Fly			
	100 M. I. M.			
	200 M. I. M.			
	400 M. I. M.			
	3000 M. Free			
	5000 M. Free			
	1 hr M. Free			
	300 M. Pentathlon			
	600 M. Pentathlon			
	1200 M. Pentathlon			
	2100 M. Brute			

### MEN 95-99

### WOMEN 100-104

	50 M. Free	57.81	Willard Lamb	3/13/22
	100 M. Free	2:13.96	Willard Lamb	3/12/22
	200 M. Free	4:50.84	Willard Lamb	3/12/22
	400 M. Free	10:05.73	Willard Lamb	1/30/22
	800 M. Free	20:27.87	Willard Lamb	1/30/22
	1500 M. Free	38:32.90	Willard Lamb	1/30/22
	50 M. Back	1:07.11	Willard Lamb	3/12/22
	100 M. Back	2:24.84	Willard Lamb	3/12/22
	200 M. Back	5:09.10	Willard Lamb	3/13/22
	50 M. Breast	1:52.04	Willard Lamb	3/13/22
	100 M. Breast			
	200 M. Breast			
	50 M. Fly			
	100 M. Fly			
	200 M. Fly			
	100 M. I. M.			
	200 M. I. M.			
	400 M. I. M.			
	3000 M. Free			
	6000 M. Free			
	1 hr M. Free			
	300 M. Pentathlon			
	600 M. Pentathlon			
	1200 M. Pentathlon			
	2100 M. Brute			

### MEN 100-104

## COMA Relay Records (Short Course Meters) -- as of 12/9/2023

### 200 Meter (4 x 50) FREE RELAY - WOMEN

<u>72-99</u>	<u>100-119</u>	<u>120-159</u>	<u>160-199</u>	<u>200-239</u>	<u>240-279</u>	<u>280-319</u>
		2:09.63	2:05.09	3:03.29	2:48.38	
		Lizzie Thompson	Gillian Salton	Dara Gaskin	Janet Gettling	
		Becky McKean	Michelle DeWeese	Peggie Hodge	Jeannie Groesz	
		Janette Wells	Kelly Gouldson	Connie Peterson	Chris Clum	
		Elizabeth Strausbaugh	Cheryl Morgen	Peggy Whiter	Peggy Whiter	
		4/27/13	4/27/13	10/29/05	4/27/13	

### 400 Meter (4 x 100) FREE RELAY - WOMEN

<u>72-99</u>	<u>100-119</u>	<u>120-159</u>	<u>160-199</u>	<u>200-239</u>	<u>240-279</u>	<u>280-319</u>
			5:05.23	5:35.59		
			Barb Harris	Pam Himstreet		
			Cathy Imwalle	Peggy Whiter		
			Amy Halligan	Laura Schob		
			Kristin Juba	Cathy Imwalle		
			4/16/00	4/16/00		

### 800 Meter (4 x 200) FREE RELAY - WOMEN

<u>72-99</u>	<u>100-119</u>	<u>120-159</u>	<u>160-199</u>	<u>200-239</u>	<u>240-279</u>	<u>280-319</u>
		13:03.09	10:50.58	12:11.34	13:16.08	
		Shannon Gilman	Sara Quan	Pam Himstreet	Barb Harris	
		Erika Gabbard	Mary Sweat	Peggy Whiter	Madeleine Holmberg	
		Calli Roberts	Jani Sutherland	Cathy Imwalle	Janet Gettling	
		Connie Peterson	Laura Schob	Laura Schob	Peggy Whiter	
		5/4/02	5/4/02	4/16/00	12/7/13	

### 200 Meter (4 x 50) MEDLEY RELAY - WOMEN

<u>72-99</u>	<u>100-119</u>	<u>120-159</u>	<u>160-199</u>	<u>200-239</u>	<u>240-279</u>	<u>280-319</u>
		2:31.17	2:23.60	3:28.01	2:50.77	
		Julie Verke	Barb Harris	Peggy Whiter	Madeleine Holmberg	
		Madeleine Holmberg	Cathy Imwalle	Kathy DeGree	Janet Gettling	
		Joanie Krehbiel	Amy Halligan	Calli Roberts	Cherie Touchette	
		Nancy Colton	Kristin Juba	Toni Brown	Jeannie Groesz	
		94	4/16/00	12/4/05	4/28/13	

### 400 Meter (4 x 100) MEDLEY RELAY - WOMEN

<u>72-99</u>	<u>100-119</u>	<u>120-159</u>	<u>160-199</u>	<u>200-239</u>	<u>240-279</u>	<u>280-319</u>
		5:40.01	5:42.71	6:20.68		
		Gillian Salton	Barb Harris	Laura Schob		
		Elizabeth Strausbaugh	Kristin Juba	Pam Himstreet		
		Amy Johnson	Amy Halligan	Cathy Imwalle		
		Wendy McGrane	Jani Sutherland	Peggy Whiter		
		12/7/13	4/16/00	4/16/00		

## COMA Relay Records (Short Course Meters) -- as of 12/9/2023

### 200 Meter FREE RELAY- MEN

<u>72-99</u>	<u>100-119</u>	<u>120-159</u>	<u>160-199</u>	<u>200-239</u>	<u>240-279</u>	<u>280-319</u>
		1:58.62 Travis Smith Aaron Rodriguez Erik Kropp Brian Hemphill 4/27/13	1:50.96 George Thayer Steve Mann Mike Tennant Greg Welch 94	1:48.98 Hardy Lussier Jamie Proffitt John Gessner Mike Tennant 4/27/13	1:55.92 Steve Mann Tom Landis Peter Metzger Kris Calvin 4/27/13	2:19.49 Bob Bruce George Thayer John Spence Tom Landis 4/15/12

### 400 Meter FREE RELAY - MEN

<u>72-99</u>	<u>100-119</u>	<u>120-159</u>	<u>160-199</u>	<u>200-239</u>	<u>240-279</u>	<u>280-319</u>
		4:37.40 Connor Brenda Steve Wursta Eric Kropp Gary DeFrang 12/7/13	4:28.56 Phil Reget George Thayer Rob Higley Mike Douglas 4/16/00	4:46.99 Hardy Lussier Steve Wursta John Powell John Spence 11/13/10	4:52.81 George Thayer Brent Lake Bob Bruce Tom Landis 5/4/02	6:12.64 Roger Rudolph Bren Hirschberg Brent Lake Tom Landis 12/8/12

### 800 Meter FREE RELAY - MEN

<u>72-99</u>	<u>100-119</u>	<u>120-159</u>	<u>160-199</u>	<u>200-239</u>	<u>240-279</u>	<u>280-319</u>
		8:44.56 Kerry Clausen Hardy Lussier Tim Nelson Rob Higley 4/18/04	9:31.15 Rob Higley Phil Reget Mike Douglas Tom Landis 4/16/00	10:05.33 Mike Tennant Steve Mann Kermit Yensen Kris Calvin 12/8/12	10:57.78 George Thayer Tom Landis Brent Lake Bob Bruce 02	

### 200 Meter MEDLEY RELAY - MEN

<u>72-99</u>	<u>100-119</u>	<u>120-159</u>	<u>160-199</u>	<u>200-239</u>	<u>240-279</u>	<u>280-319</u>
		2:06.21 Kevin Sivertson Hardy Lussier John Gessner Tim Nelson 12/4/05	2:08.19 Kris Calvin Hardy Lussier Chris Tujo Tim Nelson 12/10/11	2:02.03 Jamie Proffitt Hardy Lussier John Gessner Mike Tennant 4/28/13	2:11.17 Peter Metzger Jim Ivelich Tom Landis Steve Mann 4/28/13	2:51.40 George Thayer Ralph Mohr Bren Hirschberg Roger Rudolph 4/28/13

### 400 Meter MEDLEY RELAY - MEN

<u>72-99</u>	<u>100-119</u>	<u>120-159</u>	<u>160-199</u>	<u>200-239</u>	<u>240-279</u>	<u>280-319</u>
			5:07.28 Bob Bruce Phil Reget Tom Landis George Thayer 4/16/00	5:01.36 Scott Miller Kris Calvin Chris Tujo Tom Landis 11/13/10		6:26.73 Willard Lamb Rick Howell Christian Tujo Dan Kirkland 3/12/22



## COMA Relay Records (Short Course Meters) -- as of 12/9/2023

### 200 Meter (4 x 50) FREE RELAY - MIXED

<u>72-99</u>	<u>100-119</u>	<u>120-159</u>	<u>160-199</u>	<u>200-239</u>	<u>240-279</u>	<u>280-319</u>
	2:09.75 Travis Smith Amy Johnson Julie VanSant Aaron Rodriguez 4/28/13	2:08.81 Mike Douglas Madeleine Holmberg Peggy Whiter Greg Welch 94	1:54.06 Jim Ivelich Michelle DeWeese Gillian Salton Hardy Lussier 4/28/13	2:05.28 Tom Landis Pam Himstreet Barb Harris Bob Bruce 3/17/02	2:18.59 Tom Landis Jeannie Groesz Madeleine Holmberg Mike Tennaat 4/28/13	2:35.93 George Thayer Bren Hirschberg Janet Gettling Peggy Whiter 4/28/13

### 400 Meter (4 x 100) FREE RELAY - MIXED

<u>72-99</u>	<u>100-119</u>	<u>120-159</u>	<u>160-199</u>	<u>200-239</u>	<u>240-279</u>	<u>280-319</u>
			5:33.60 Barry Branaugh Roger Rudolph Connie Austin Joanie Krehbiel 10/29/05		6:16.68 Brent Lake Peggie Hodge Peggy Whiter Tom Landis 10/29/05	

### 800 Meter (4 x 200) FREE RELAY - MIXED

<u>72-99</u>	<u>100-119</u>	<u>120-159</u>	<u>160-199</u>	<u>200-239</u>	<u>240-279</u>	<u>280-319</u>
			9:44.81 Bob Bruce Amy Halligan Barb Harris Tom Landis 4/16/00	10:37.13 Pam Himstreet Bob Bruce Barb Harris Tom Landis 12/5/99		

### 200 Meter (4 x 50) MEDLEY RELAY - MIXED

<u>72-99</u>	<u>100-119</u>	<u>120-159</u>	<u>160-199</u>	<u>200-239</u>	<u>240-279</u>	<u>280-319</u>
	2:40.37 Julie VanSant Travis Smith Aaron Rodriguez Annie Muski-Dukes-Driggs 4/27/13	2:00.92 Amy Ward Tamas Bessenyei Logan Madson Kristine Senkier 12/10/11	2:23.55 Janette Wells Chris Cole Cheryl Morgen Ron Thompson 11/1/08	2:13.65 Peter Metzger Steve Mann Cheryl Morgen Cherie Touchette 4/27/13	2:31.19 Cathy Imwalle Steve Mann Tom Landis Kris Denney 12/10/11	2:56.37 George Thayer Janet Gettling Bren Hirschberg Peggy Whiter 4/27/13

### 400 Meter (4 x 100) MEDLEY RELAY - MIXED

<u>72-99</u>	<u>100-119</u>	<u>120-159</u>	<u>160-199</u>	<u>200-239</u>	<u>240-279</u>	<u>280-319</u>
		5:03.54 Gillian Salton Andy Singer Kelsey Holmberg Erik Cardone 11/13/10	5:09.17 Gillian Salton Jim Ivelich John Gessner Kris Denney 12/8/12			