

COMA Individual Records (Short Course Yards) -- as of 8/20/2023

WOMEN 18-24			MEN 18-24			
26.79	Kelly Gouldson	3/18/01	50 Yd. Free	20.41	Mike Burton	4/9/00
57.41	Kelly Gouldson	3/18/01	100 Yd. Free	46.14	Mike Burton	4/9/00
2:04.85	Kelly Gouldson	3/18/01	200 Yd. Free	2:05.77	Nathan Collins	1/28/15
5:32.11	Kelsey Holmberg	4/10/05	500 Yd. Free	6:56.89	Will Steinhaff	11/15/08
11:11.62	Kelsey Holmberg	4/10/05	1000 Yd. Free	14:09.29	Will Steinhaff	11/15/08
22:36.02	Garen Mattioda	3/14/03	1650 Yd. Free	23:32.59	Will Steinhaff	11/15/08
32.10	Angela Fults	4/23/06	50 Yd. Back	29.64	David Wellman	4/4/04
1:07.87	Angela Coburn	5/18/07	100 Yd. Back	1:02.43	David Wellman	4/27/03
2:24.77	Angela Coburn	5/20/07	200 Yd. Back	2:20.57	Nathan Collins	4/11/15
35.12	Angela Coburn	5/18/07	50 Yd. Breast	25.64	Mike Burton	4/9/00
1:15.31	Angela Coburn	5/20/07	100 Yd. Breast	55.86	Mike Burton	4/9/00
2:41.73	Angela Coburn	5/19/07	200 Yd. Breast			
30.36	Kelly Gouldson	3/18/01	50 Yd. Fly	27.94	Nathan Collins	1/28/15
1:08.97	Hillary Madson	4/10/05	100 Yd. Fly	1:03.28	David Wellman	3/16/03
2:35.10	Hillary Madson	4/23/06	200 Yd. Fly			
1:07.54	Angela Coburn	5/19/07	100 Yd. I. M.	1:03.84	David Wellman	4/27/03
2:28.00	Angela Fults	4/23/06	200 Yd. I. M.	1:59.37	Mike Burton	4/9/00
5:04.01	Kelsey Holmberg	4/10/05	400 Yd. I. M.			
42:26.43	Hillary Madson	10/31/04	3000 Yd. Free	43:22.99	Will Steinhaff	11/15/08
4570 yds	Kelly Gouldson	1/31/01	6000 Yd. Free			
3:37.25	Christina Wilkinson	2/7/04	1 hr Yd. Free	3750 yds	David Wellman	1/31/04
			300 Yd. Pentathlon			
			600 Yd. Pentathlon			
			1200 Yd. Pentathlon			
			2250 Yd. Brute			
39:22.11	Lindsey Husk	12/9/07				
WOMEN 25-29			MEN 25-29			
26.83	Kelly Gouldson	4/4/04	50 Yd. Free	22.58	Phil Reget	99
58.11	Kelly Gouldson	4/4/04	100 Yd. Free	50.90	Phil Reget	99
1:59.45	Sara Quan	5/17/02	200 Yd. Free	1:49.55	Tim Farrington	4/18/09
5:08.39	Sara Quan	5/17/02	500 Yd. Free	5:01.38	Kerry Classen	4/7/02
10:37.01	Sara Quan	02	1000 Yd. Free	10:17.78	Kerry Classen	4/7/02
17:20.92	Sara Quan	5/14/02	1650 Yd. Free	17:10.82	Kerry Classen	4/5/02
29.53	Tori Eisenbeis	4/7/02	50 Yd. Back	28.55	Chris Clark	12/9/07
1:03.11	Tori Eisenbeis	4/7/02	100 Yd. Back	1:09.49	Eric Smith	99
2:17.75	Tori Eisenbeis	3/18/01	200 Yd. Back	2:31.06	Scot Elliott	2/22/04
35.48	Sara Quan	00	50 Yd. Breast	30.39	Greg Welch	98
1:13.18	Sara Quan	3/18/01	100 Yd. Breast	1:07.21	Phil Reget	99
2:43.00	Sara Quan	02	200 Yd. Breast	2:33.32	Phil Reget	99
28.56	Tamara Houston	4/23/06	50 Yd. Fly	26.39	Chris Clark	12/9/07
1:04.03	Tamara Houston	4/23/06	100 Yd. Fly	54.31	Tim Farrington	4/18/09
2:18.59	Sara Quan	4/7/02	200 Yd. Fly	2:41.43	Brian Hemphill	3/14/04
1:04.72	Sara Quan	4/7/02	100 Yd. I. M.	1:00.90	Greg Welch	98
2:12.01	Sara Quan	5/17/02	200 Yd. I. M.	2:02.93	Tim Farrington	4/18/09
4:39.73	Sara Quan	5/17/02	400 Yd. I. M.	4:30.44	Tim Farrington	4/17/09
33:37.75	Sara Quan	10/31/02	3000 Yd. Free	39:25.81	Greg Welch	10/31/99
1:10:44.87	Sara Quan	10/31/00	6000 Yd. Free			
5310 yds	Sara Quan	1/31/00	1 hr Yd. Free	4540 yds	Greg Welch	1/31/99
			300 Yd. Pentathlon	2:57.07	Greg Welch	99
			600 Yd. Pentathlon			
			1200 Yd. Pentathlon			
			2250 Yd. Brute			
6:48.63	Sara Quan	00				
WOMEN 30-34			MEN 30-34			
25.56	Amy Ward	4/10/05	50 Yd. Free	22.71	Wil Fitzpatrick	5/20/07
55.58	Amy Ward	4/10/05	100 Yd. Free	49.44	Wil Fitzpatrick	5/19/07
2:01.81	Amy Ward	4/10/05	200 Yd. Free	1:52.75	Phil Reget	4/9/00
5:35.83	Sara Nelson	5/20/07	500 Yd. Free	5:13.13	Scot Elliott	5/20/07
11:15.25	Sara Nelson	5/17/07	1000 Yd. Free	10:54.35	Scot Elliott	4/22/06
18:57.69	Amy Halligan	5/17/01	1650 Yd. Free	18:20.16	Scot Elliott	5/17/07
30.85	Tori Barber	4/27/06	50 Yd. Back	24.72	Nic Morrell	5/20/23
1:05.60	Tori Barber	4/27/06	100 Yd. Back	54.50	Nic Morrell	5/20/23
2:20.43	Tori Barber	4/27/06	200 Yd. Back	1:59.64	Nic Morrell	5/21/23
34.41	Cathy Imwalle	84	50 Yd. Breast	30.81	Joe Daniels	4/23/06
1:15.43	Cathy Imwalle & Tara Godlo	84 & 4/23/06	100 Yd. Breast	1:06.84	Scot Elliott	4/21/07
2:43.09	Sara Nelson	5/19/07	200 Yd. Breast	2:25.37	Scot Elliott	4/23/06
28.52	Amy Ward	4/10/05	50 Yd. Fly	25.66	Kevin Sivertson	4/10/05
1:05.45	Jenny Marine	4/10/05	100 Yd. Fly	56.07	Kevin Sivertson	4/10/05
2:25.37	Jenny Marine	2/27/05	200 Yd. Fly	2:15.02	Scot Elliott	5/19/07
1:07.63	Sara Quan	4/4/04	100 Yd. I. M.	58.66	Steve Mann	84
2:23.87	Sara Nelson	5/20/07	200 Yd. I. M.	2:16.74	Scot Elliott	4/18/09
5:01.54	Sara Nelson	12/9/07	400 Yd. I. M.	4:34.13	Scot Elliott	4/21/06
34:51.96	Sara Quan	10/31/04	3000 Yd. Free	38:20.09	Dave Cloninger	10/31/04
1:10:15.56	Sara Quan	10/31/04	6000 Yd. Free			
5125 yds	Sara Quan	1/31/03	1 hr Yd. Free	4590 yds	Dave Cloninger	1/31/04
3:17.08	Michelle Morrell	97	300 Yd. Pentathlon			
			600 Yd. Pentathlon	7:21.17	Rob Higley	99
			1200 Yd. Pentathlon			
			2250 Yd. Brute			
19:59.99	Andie Pape	12/9/07				
27:31.57	Sara Nelson	12/9/07				

COMA Individual Records (Short Course Yards) -- as of 8/20/2023

WOMEN 35-39				MEN 35-39		
24.72	Kristine Senkier	5/8/09	50 Yd. Free	23.21	Hardy Lussier	3/14/04
56.34	Kristine Senkier	4/21/07	100 Yd. Free	49.77	Hardy Lussier	4/4/04
2:00.03	Kristine Senkier	5/8/09	200 Yd. Free	1:51.08	Tim Nelson	5/17/02
5:28.27	Kristine Senkier	5/7/09	500 Yd. Free	4:56.17	Tim Nelson	5/17/02
10:53.86	Kristine Senkier	5/7/09	1000 Yd. Free	10:01.95	Tim Nelson	5/17/02
19:51.95	Amy Holcomb	4/7/17	1650 Yd. Free	17:23.62	Tim Nelson	4/5/02
29.46	Kristine Senkier	5/9/09	50 Yd. Back	27.24	Wil Fitzpatrick	4/18/09
1:02.12	Kristine Senkier	5/8/09	100 Yd. Back	57.86	Wil Fitzpatrick	4/19/09
2:12.56	Kristine Senkier	5/9/09	200 Yd. Back	2:21.67	Hardy Lussier	3/14/04
32.17	Jayna Tomac	5/3/08	50 Yd. Breast	27.71	Stephen Williams	4/23/06
1:09.52	Jayna Tomac	5/2/08	100 Yd. Breast	1:03.14	Stephen Williams	4/23/06
2:35.27	Jayna Tomac	5/4/08	200 Yd. Breast	2:18.78	Hardy Lussier	03
29.02	Karen Allen & Amy Ward	5/16/99 & 4/3/1	50 Yd. Fly	24.74	Stephen Williams	4/23/06
1:05.42	Stacey Kiefer	4/8/17	100 Yd. Fly	56.87	Jacob Swinn	5/19/19
2:40.66	Cheryl Morgen	4/23/06	200 Yd. Fly	2:13.99	Chris Tujo	4/10/10
1:05.55	Jayna Tomac	5/3/08	100 Yd. I. M.	58.74	Hardy Lussier	3/16/03
2:22.65	Jayna Tomac	5/4/08	200 Yd. I. M.	2:02.53	Hardy Lussier	4/4/04
5:16.43	Stacey Kiefer	4/7/17	400 Yd. I. M.	4:25.04	Hardy Lussier	4/4/04
39:16.99	Sara Nelson	1/29/12	3000 Yd. Free	34:23.87	Tim Nelson	10/31/02
1:28:58.99	Elizabeth Strausbaugh	11/15/12	6000 Yd. Free	1:16:07.87	Rob Higley	10/31/02
5090 yds	Sara Nelson	1/31/08	1 hr Yd. Free	5230 yds	Tim Nelson	1/31/02
3:39.12	Gillian Salton	12/9/07	300 Yd. Pentathlon			
			600 Yd. Pentathlon	7:08.00	Rob Higley	10/28/00
			1200 Yd. Pentathlon	14:37.46	Chris Tujo	3/20/10
			2250 Yd. Brute			
38:37.97	Dara Gaskin	12/9/07				
WOMEN 40-44				MEN 40-44		
26.57	Karen Allen	4/4/04	50 Yd. Free	23.74	Jim Ivelich	4/21/07
58.68	Kelly Giebelhaus	4/9/17	100 Yd. Free	50.17	Hardy Lussier	4/23/06
2:04.95	Stephanie Schultz	5/8/09	200 Yd. Free	1:48.54	Hardy Lussier	4/21/07
5:32.49	Jayna Tomac	5/3/14	500 Yd. Free	5:28.68	Tim Nelson	4/22/06
11:27.54	Jayna Tomac	5/1/14	1000 Yd. Free	10:59.89	Tim Nelson	4/21/06
19:04.09	Jayna Tomac	5/1/14	1650 Yd. Free	18:37.67	Tim Nelson	4/21/07
31.43	Barb Harris	4/9/00	50 Yd. Back	27.36	Matt Gilman	4/8/17
1:09.17	Barb Harris	4/9/00	100 Yd. Back	59.56	Jacob Swinn	5/20/23
2:30.44	Sara Nelson	4/9/17	200 Yd. Back	2:06.38	Matt Gilman	4/9/17
32.11	Jayna Tomac	5/4/14	50 Yd. Breast	29.99	Hardy Lussier	4/18/09
1:09.85	Jayna Tomac	5/2/14	100 Yd. Breast	1:04.93	Hardy Lussier	4/19/09
2:33.95	Jayna Tomac	5/3/14	200 Yd. Breast	2:21.55	Matt Gilman	4/8/17
28.83	Barb Harris	4/9/00	50 Yd. Fly	24.68	Jacob Swinn	5/20/23
1:06.57	Stephanie Schultz	5/9/09	100 Yd. Fly	53.95	Jacob Swinn	4/29/23
2:51.91	Joanie Krehbiel	4/23/06	200 Yd. Fly	2:03.65	Jacob Swinn	4/30/23
1:07.49	Barb Harris	4/9/00	100 Yd. I. M.	56.80	Hardy Lussier	5/21/23
2:23.60	Jayna Tomac	4/5/14	200 Yd. I. M.	2:02.43	Hardy Lussier	4/23/06
5:05.97	Sara Nelson	4/7/17	400 Yd. I. M.	4:42.80	Hardy Lussier	12/9/07
37:24.30	Jayna Tomac	11/15/12	3000 Yd. Free	34:24.29	Hardy Lussier	1/28/07
1:18:57.28	Jayna Tomac	11/15/12	6000 Yd. Free	1:25:54.21	Mike Douglas	1/31/02
4620 yds	Stephanie Schultz	1/31/10	1 hr Yd. Free	5255 yds	Hardy Lussier	1/28/07
4:22.61	Jackie Wursta	12/9/07	300 Yd. Pentathlon	2:53.20	Steve Mann	97
			600 Yd. Pentathlon	6:40.82	Chris Tujo	3/10/12
			1200 Yd. Pentathlon	18:03.87	Steve Wursta	12/9/07
			2250 Yd. Brute	25:47.12	Hardy Lussier	12/9/07
31:20.10	Kris Denney	12/9/07				
WOMEN 45-49				MEN 45-49		
28.09	Stacey Kiefer	5/20/23	50 Yd. Free	23.45	Mike Tennant	03
1:00.09	Kelly Giebelhaus	5/21/23	100 Yd. Free	51.78	Mike Tennant	4/27/03
2:13.88	Mary Sweat	4/22/06	200 Yd. Free	1:51.03	Matt Gilman	4/29/22
5:44.18	Mary Sweat	4/23/06	500 Yd. Free	5:05.05	Matt Gilman	5/1/22
11:45.91	Mary Sweat	4/22/06	1000 Yd. Free	11:12.75	Darren Kling	4/11/14
19:15.01	Mary Sweat	4/21/06	1650 Yd. Free	18:01.60	Matt Gilman	4/1/22
31.38	Gillian Salton	4/8/17	50 Yd. Back	28.11	Steve Mann	98
1:09.18	Gillian Salton	4/9/17	100 Yd. Back	1:01.53	Steve Mann	97
2:30.06	Gillian Salton	4/9/17	200 Yd. Back	2:13.74	Darren Kling	4/11/15
32.78	Jayna Tomac	4/8/17	50 Yd. Breast	29.04	Tom Fristoe	4/19/09
1:11.29	Jayna Tomac	4/8/17	100 Yd. Breast	1:01.19	Tom Fristoe	4/19/09
3:26.57	Cynthia Shoemaker	3/18/01	200 Yd. Breast	2:09.29	Tom Fristoe	5/8/09
29.80	Cheryl Morgen	4/9/17	50 Yd. Fly	27.12	Steve Mann	98
1:05.98	Stacey Kiefer	5/21/23	100 Yd. Fly	56.50	Matt Gilman	4/2/22
2:43.21	Cheryl Morgen	4/9/17	200 Yd. Fly	2:23.35	Kris Calvin	4/10/10
1:07.85	Stacey Kiefer	5/21/23	100 Yd. I. M.	56.16	Matt Gilman	4/30/22
2:32.47	Stacey Kiefer	5/29/23	200 Yd. I. M.	1:58.77	Tom Fristoe	5/9/09
5:33.00	Cathy Imwalle	4/9/95	400 Yd. I. M.	4:17.81	Tom Fristoe	5/8/09
37:40.21	Mary Sweat	10/31/03	3000 Yd. Free	32:30.99	Hardy Lussier	1/29/12
1:17:27.00	Mary Sweat	10/31/04	6000 Yd. Free	1:07:40.99	Hardy Lussier	11/15/12
4755 yds	Karen Matson	1/28/07	1 hr Yd. Free	5515 yds	Hardy Lussier	1/29/12
4:14.14	Cynthia Shoemaker	10:28.00	300 Yd. Pentathlon	2:52.75	Steve Mann	98
			600 Yd. Pentathlon	6:44.78	Mike Tennant	3/10/02
			1200 Yd. Pentathlon			
			2250 Yd. Brute			

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WOMEN 50-54			MEN 50-54			
13.74	Cheryl Morgen	8/20/23	25 Yd. Free	13.00	Tim Nelson	6/11/16
26.99	Denise Stuntzner	5/2/14	50 Yd. Free	23.32	Mike Tennant	5/2/04
58.48	Denise Stuntzner	5/3/14	100 Yd. Free	51.76	Mike Tennant	2/7/04
2:09.31	Denise Stuntzner	5/4/14	200 Yd. Free	1:50.19	Hardy Lussier	4/8/17
6:20.30	Cathy Imwalle	4/2/04	500 Yd. Free	5:01.36	Hardy Lussier	4/9/17
12:50.30	Jayette Pettit	4/3/22	1000 Yd. Free	10:38.53	Hardy Lussier	4/7/17
21:59.26	Jayette Pettit	4/1/22	1650 Yd. Free	17:32.00	Hardy Lussier	4/7/17
16.62	Cheryl Morgen	8/20/23	25 Yd. Back	17.26	Tim Nelson	6/11/16
31.20	Beth Martell	4/2/22	50 Yd. Back	27.90	Peter Metzger	4/22/07
1:07.18	Beth Martell	4/3/22	100 Yd. Back	1:00.20	Jim Josberger	4/16/23
2:25.74	Beth Martell	4/2/22	200 Yd. Back	2:13.13	Jim Josberger	4/15/23
18.56	Cheryl Morgen	8/20/23	25 Yd. Breast	16.95	Tim Nelson	6/11/16
35.13	Cathy Imwalle	01	50 Yd. Breast	32.80	Peter Metzger	4/22/07
1:17.34	Cathy Imwalle	01	100 Yd. Breast	1:12.06	Gary Oliver	4/19/09
2:51.03	Cathy Imwalle	01	200 Yd. Breast	2:37.59	Gary Oliver	4/18/09
14.11	Cheryl Morgen	8/20/23	25 Yd. Fly	13.95	Tim Nelson	6/11/16
29.08	Denise Stuntzner	5/4/14	50 Yd. Fly	26.25	Gabe Duus	4/2/22
1:04.42	Denise Stuntzner	5/2/14	100 Yd. Fly	59.01	Gabe Duus	4/2/22
2:26.07	Denise Stuntzner	5/3/14	200 Yd. Fly	2:28.76	Christian Tujo	4/30/22
1:07.87	Beth Martell	5/21/23	100 Yd. I. M.	1:02.11	Peter Metzger	4/21/07
2:26.94	Beth Martell	4/2/22	200 Yd. I. M.	2:18.43	Mike Tennant	2/7/04
5:14.34	Beth Martell	4/1/22	400 Yd. I. M.	5:01.66	Gary Oliver	4/17/09
40:15.99	Gillian Salton	11/11/18	3000 Yd. Free	33:35.59	Hardy Lussier	10/28/18
1:43:12.06	Jani Sutherland	10/31/02	6000 Yd. Free	1:07:25.99	Hardy Lussier	11/11/18
4280 yds	Gillian Salton	1/31/21	1 hr Yd. Free	5325 yds	Hardy Lussier	11/11/18
4:11.52	Jani Sutherland	3/10/02	300 Yd. Pentathlon	3:32.92	Ron Kaufmann	3/20/10
			600 Yd. Pentathlon	6:37.89	Mike Tennant	2/7/04
			1200 Yd. Pentathlon			
			2250 Yd. Brute			
WOMEN 55-59			MEN 55-59			
14.46	Barb Harris	6/20/15	25 Yd. Free	11.23	Mike Power	8/20/23
28.25	Valerie Jenkins	4/2/22	50 Yd. Free	22.90	Mike Tennant	4/18/09
1:00.15	Susie Rabiah	5/1/22	100 Yd. Free	51.21	Mike Tennant	4/11/09
2:11.58	Susie Rabiah	4/29/22	200 Yd. Free	1:55.14	Mike Power	4/30/23
6:02.15	Valerie Jenkins	4/2/22	500 Yd. Free	5:41.55	Tom Landis	5/17/99
13:06.09	Cathy Imwalle	4/22/06	1000 Yd. Free	11:58.59	Tom Landis	5/17/99
21:56.81	Arlene Delmage	4/1/22	1650 Yd. Free	19:47.01	Tom Landis	5/17/99
17.99	Barb Harris	6/20/15	25 Yd. Back	23.97	Walt Carter	6/21/14
32.09	Valerie Jenkins	4/2/22	50 Yd. Back	28.62	Peter Metzger	4/5/14
1:08.79	Susie Rabiah	4/29/22	100 Yd. Back	1:02.46	Peter Metzger	4/3/11
2:28.96	Susie Rabiah	4/30/22	200 Yd. Back	2:22.74	Peter Metzger	4/5/14
19.95	Barb Harris	6/20/15	25 Yd. Breast			
37.02	Cathy Imwalle	4/23/06	50 Yd. Breast	31.86	Steve Mann	4/11/10
1:19.39	Cathy Imwalle	4/10/05	100 Yd. Breast	1:09.84	Mike Tennant	4/19/09
2:56.89	Cathy Imwalle	4/23/06	200 Yd. Breast	2:41.07	Steve Furness	4/8/17
15.41	Barb Harris	6/20/15	25 Yd. Fly	12.17	Mike Power	8/20/23
30.03	Valerie Jenkins	4/2/22	50 Yd. Fly	26.12	Mike Power	5/20/23
1:08.48	Arlene Delmage	4/2/22	100 Yd. Fly	1:01.91	Mike Tennant	4/18/09
3:27.87	Pam Himstreet	5/17/99	200 Yd. Fly	2:58.93	Bob Bruce	12/9/07
1:09.61	Susie Rabiah	4/30/22	100 Yd. I. M.	1:01.23	Mike Tennant	4/19/09
2:33.56	Susie Rabiah	5/1/22	200 Yd. I. M.	2:22.75	Steve Mann	4/18/09
5:38.31	Arlene Delmage	4/1/22	400 Yd. I. M.	5:14.79	Bob Bruce	4/9/05
38:54.87	Valerie Jenkins	11/15/22	3000 Yd. Free	33:37.02	Hardy Lussier	11/15/22
1:25:05.99	Kerri Roussain	11/11/18	6000 Yd. Free	1:10:31.99	Hardy Lussier	11/15/21
4630 yds	Valerie Jenkins	1/31/22	1 hr Yd. Free	5285 yds	Hardy Lussier	1/31/23
			300 Yd. Pentathlon	2:58.30	Steve Mann	3/21/09
			600 Yd. Pentathlon	7:23.19	Tom Landis	10/28/00
			1200 Yd. Pentathlon	17:14.92	Bob Bruce	12/9/07
			2250 Yd. Brute	30:42.49	Bob Bruce	12/9/07
45:05.54	Kathy DeGree	12/9/07				

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WOMEN 60-64

30.58	Janet Gettling	4/29/11
1:09.34	Janet Gettling	4/10/11
2:51.49	Madeleine Holmberg	6/21/14
7:13.54	Madeleine Holmberg	6/21/14
15:35.99	Claudia Coke	11/11/18
26:07.99	Claudia Coke	11/11/18
38.95	Deb Douglas	4/11/15
1:27.16	Ann Goodman	4/3/22
3:04.22	Ann Goodman	4/2/22
38.84	Christy Hartman	4/5/14
1:25.96	Janet Gettling	4/29/11
3:14.33	Nancy Vincent	4/29/23
17.97	Madeleine Holmberg	6/21/14
35.96	Janet Gettling	4/9/11
1:23.79	Janet Gettling	5/1/11
3:14.01	Janet Gettling	4/3/11
1:19.31	Janet Gettling	4/9/11
3:03.62	Janet Gettling	4/2/11
6:29.56	Janet Gettling	4/1/11
40:46.50	Arlene Delmage	11/15/22
4630 yds	Valerie Jenkins	1/31/23
4:54.15	Peggie Hodge	3/10/02
10:29.42	Peggie Hodge	2/7/04

WOMEN 65-69

20.45	Sue White	8/20/23
31.04	Janet Gettling	5/2/14
1:12.67	Janet Gettling	4/12/14
3:21.71	Jeannie Groesz	4/12/15
8:35.14	Jeannie Groesz	4/12/15
17:31.58	Jeannie Groesz	4/11/15
30:08.92	Sue White	4/1/22
38.82	Janet Gettling	4/5/14
1:50.09	Jeannie Groesz	4/12/15
4:35.93	Kaleo Schroder	4/27/03
18.44	Janet Gettling	6/20/15
38.68	Janet Gettling	4/5/14
1:28.34	Janet Gettling	4/6/14
3:17.21	Janet Gettling	5/3/14
37.35	Janet Gettling	4/9/17
1:27.31	Janet Gettling	4/5/14
3:14.31	Janet Gettling	4/6/14
1:22.25	Janet Gettling	4/29/17
3:03.89	Janet Gettling	5/4/14
6:39.97	Janet Gettling	4/4/14
58:50.99	Peggie Hodge	10/31/05
3265 yds	Tracy Goodwin	1/31/23
10:49.30	Peggie Hodge	3/11/06

MEN 60-64

25 Yd. Free	13.08	Kermit Yensen	6/21/14
50 Yd. Free	24.29	Mike Tennant	4/5/14
100 Yd. Free	54.26	Tom Landis	5/18/03
200 Yd. Free	2:00.59	Tom Landis	4/14/02
500 Yd. Free	5:35.28	Tom Landis	4/14/02
1000 Yd. Free	11:34.34	Tom Landis	5/17/02
1650 Yd. Free	19:18.93	Tom Landis	5/17/02
25 Yd. Back			
50 Yd. Back	30.64	Doug Brockbank	4/11/15
100 Yd. Back	1:10.63	Steve Mann	4/12/15
200 Yd. Back	2:35.16	Bob Bruce	3/21/09
25 Yd. Breast	23.65	Walt Carter	6/20/15
50 Yd. Breast	31.93	Rick Howell	6/13/22
100 Yd. Breast	1:11.12	Rick Howell	5/14/22
200 Yd. Breast	2:42.68	Rick Howell	5/15/22
25 Yd. Fly	14.20	Kermit Yensen	6/21/14
50 Yd. Fly	28.30	Mike Tennant	4/6/14
100 Yd. Fly	1:06.65	Mike Tennant	4/5/14
200 Yd. Fly	2:42.60	Bob Bruce	3/21/09
100 Yd. I. M.	1:03.51	Mike Tennant	4/6/14
200 Yd. I. M.	2:24.89	Tom Landis	5/18/03
400 Yd. I. M.	5:24.15	Bob Bruce	3/21/09
3000 Yd. Free	38:21.13	Bob Bruce	10/15/009
6000 Yd. Free	1:18:10.29	Bob Bruce	9/15/09
1 hr Yd. Free	4645 yds	Tom Landis	1/28/07
300 Yd. Pentathlon	3:17.94	George Thayer	4/27/96
600 Yd. Pentathlon	7:20.13	Bob Bruce	3/20/10
1200 Yd. Pentathlon	15:41.15	Bob Bruce	3/21/09
2250 Yd. Brute			

MEN 65-69

25 Yd. Free	13.47	Bob Bruce	6/20/15
50 Yd. Free	24.90	Tom Landis	5/2/08
100 Yd. Free	54.53	Tom Landis	5/19/07
200 Yd. Free	2:01.36	Tom Landis	5/18/07
500 Yd. Free	5:37.64	Tom Landis	5/20/07
1000 Yd. Free	11:41.40	Tom Landis	5/17/07
1650 Yd. Free	19:16.25	Tom Landis	5/17/07
25 Yd. Back	16.86	Bob Bruce	6/20/15
50 Yd. Back	32.55	Bob Bruce	5/10/13
100 Yd. Back	1:11.59	Bob Bruce	5/12/13
200 Yd. Back	2:41.59	Bob Bruce	5/11/13
25 Yd. Breast	17.09	Bob Bruce	6/20/15
50 Yd. Breast	36.79	Bob Bruce	4/14/13
100 Yd. Breast	1:18.98	Mike Tennant	8/22/21
200 Yd. Breast	3:01.23	Bob Bruce	4/13/13
25 Yd. Fly	14.60	Bob Bruce	6/20/15
50 Yd. Fly	30.06	Tom Landis	3/10/12
100 Yd. Fly	1:07.11	Tom Landis	4/21/07
200 Yd. Fly			
100 Yd. I. M.	1:06.23	Tom Landis	5/3/08
200 Yd. I. M.	2:28.22	Tom Landis	4/22/07
400 Yd. I. M.	5:19.23	Tom Landis	5/18/07
3000 Yd. Free	38:51.03	Tom Landis	11/15/08
6000 Yd. Free	1:21:56.99	Tom Landis	10/26/08
1 hr Yd. Free	4680 yds	Tom Landis	1/31/08
300 Yd. Pentathlon	3:23.04	Tom Landis	3/10/12
600 Yd. Pentathlon	7:28.61	Tom Landis	3/21/09
1200 Yd. Pentathlon			
2250 Yd. Brute			

COMA Individual Records (Short Course Yards) -- as of 8/20/2023

WOMEN 70-74			MEN 70-74			
20.73	Peggy Whiter	6/11/16	25 Yd. Free	13.35	Bob Bruce	8/21/22
32.02	Janet Gettling	4/27/19	50 Yd. Free	26.54	Tom Landis	4/28/12
1:15.89	Janet Gettling	1/27/19	100 Yd. Free	58.29	Tom Landis	4/29/12
3:00.17	Janet Gettling	1/27/19	200 Yd. Free	2:08.68	Tom Landis	4/27/12
7:45.93	Janet Gettling	1/27/19	500 Yd. Free	5:54.96	Dan Kirkland	4/2/22
15:33.92	Janet Gettling	1/27/19	1000 Yd. Free	12:08.37	Dan Kirkland	4/1/22
			1650 Yd. Free	20:05.99	Dan Kirkland	4/1/22
27.99	Peggy Whiter	6/11/16	25 Yd. Back	16.52	Bob Bruce	8/21/22
39.48	Janet Gettling	1/27/19	50 Yd. Back	33.89	Dan Kirkland	4/2/22
1:33.26	Janet Gettling	4/28/19	100 Yd. Back	1:12.05	Dan Kirkland	4/10/22
4:36.07	Bev L'Esperance	4/7/02	200 Yd. Back	2:29.82	Dan Kirkland	4/2/22
27.09	Peggy Whiter	6/11/16	25 Yd. Breast	17.51	Bob Bruce	8/21/22
40.79	Janet Gettling	1/27/19	50 Yd. Breast	38.00	Bob Bruce	1/27/19
1:31.01	Janet Gettling	5/19/19	100 Yd. Breast	1:26.29	Bob Bruce	6/9/18
3:27.18	Janet Gettling	4/26/19	200 Yd. Breast	3:10.92	Bob Bruce	6/9/18
			25 Yd. Fly	14.56	Bob Bruce	8/21/22
39.75	Janet Gettling	5/18/19	50 Yd. Fly	32.78	Bob Bruce	1/27/19
1:30.92	Janet Gettling	5/19/19	100 Yd. Fly	1:15.77	Tom Landis	4/5/14
3:33.26	Janet Gettling	8/21/22	200 Yd. Fly	2:53.22	Tom Landis	4/13/13
1:28.14	Janet Gettling	5/18/19	100 Yd. I. M.	1:09.78	Tom Landis	4/28/12
3:15.74	Janet Gettling	2/17/19	200 Yd. I. M.	2:34.62	Tom Landis	5/12/13
7:13.73	Janet Gettling	4/1/22	400 Yd. I. M.	5:37.35	Tom Landis	5/10/13
			3000 Yd. Free	38:32.47	Dan Kirkland	11/15/22
			6000 Yd. Free	1:23:58.14	Bob Bruce	10/14/18
			1 hr Yd. Free	4640 yds	Dan Kirkland	1/31/22
			300 Yd. Pentathlon	3:28.74	Bob Bruce	1/27/19
			600 Yd. Pentathlon			
			1200 Yd. Pentathlon			
			2250 Yd. Brute			
WOMEN 75-79			MEN 75-79			
28.43	Kaleo Schroder	6/20/15	25 Yd. Free	15.81	George Thayer	6/21/14
56.96	Bev L'Esperance	4/22/07	50 Yd. Free	28.98	Bob Bruce	4/28/23
2:10.16	Ada Hebert	5/30/92	100 Yd. Free	1:03.46	Bob Bruce	5/21/23
4:39.38	Bev L'Esperance	4/21/07	200 Yd. Free	2:33.50	Bob Bruce	4/28/23
12:11.61	Bev L'Esperance	4/22/07	500 Yd. Free	6:19.95	Bob Bruce	4/28/23
			1000 Yd. Free	13:24.58	Bob Bruce	4/27/23
			1650 Yd. Free	21:57.50	Bob Bruce	4/27/23
33.12	Kaleo Schroder	6/20/15	25 Yd. Back	24.45	Brent Lake	6/20/15
1:06.14	Bev L'Esperance	4/21/07	50 Yd. Back	34.59	Bob Bruce	5/20/23
2:33.27	Bev L'Esperance	4/22/07	100 Yd. Back	1:16.79	Bob Bruce	5/20/23
5:00.49	Bev L'Esperance	4/21/07	200 Yd. Back	3:00.11	Bob Bruce	5/21/23
42.18	Kaleo Schroder	6/20/15	25 Yd. Breast			
43.38	Janet Gettling	8/20/23	50 Yd. Breast	39.72	Bob Bruce	5/20/23
3:02.10	Kaleo Schroder	6/21/14	100 Yd. Breast	1:24.01	Bob Bruce	5/20/23
			200 Yd. Breast	3:08.73	Bob Bruce	4/29/23
			25 Yd. Fly			
			50 Yd. Fly	33.64	Bob Bruce	8/20/23
1:40.90	Janet Gettling	8/20/23	100 Yd. Fly	1:22.30	Bob Bruce	5/21/23
3:34.22	Janet Gettling	8/20/23	200 Yd. Fly	3:10.24	Bob Bruce	4/30/23
1:32.22	Janet Gettling	8/20/23	100 Yd. I. M.	1:17.77	Bob Bruce	8/20/23
			200 Yd. I. M.	2:48.01	Bob Bruce	5/20/23
			400 Yd. I. M.	6:08.78	Bob Bruce	4/30/23
1:06:06.99	Judy Ziemer	11/15/21	3000 Yd. Free	48:22.00	Ralph Mohr	11/15/18
			6000 Yd. Free	1:41:05.71	Ralph Mohr	11/15/18
2615 yds	Judy Ziemer	1/31/21	1 hr Yd. Free	4675 yds	Dan Kirkland	1/31/23
			300 Yd. Pentathlon	3:37.50	Bob Bruce	8/20/23
			600 Yd. Pentathlon			
			1200 Yd. Pentathlon			
			2250 Yd. Brute			

COMA Individual Records (Short Course Yards) -- as of 8/20/2023

WOMEN 80-84

58.23	Kaleo Schroder	4/8/17
2:10.37	Kaleo Schroder	4/9/17
1:09.06	Kaleo Schroder	4/8/17
2:31.38	Kaleo Schroder	4/9/17
1:24.33	Kaleo Schroder	4/8/17
3:06.60	Kaleo Schroder	6/11/16

25 Yd. Free
50 Yd. Free
100 Yd. Free
200 Yd. Free
500 Yd. Free
1000 Yd. Free
1650 Yd. Free
25 Yd. Back
50 Yd. Back
100 Yd. Back
200 Yd. Back
25 Yd. Breast
50 Yd. Breast
100 Yd. Breast
200 Yd. Breast
25 Yd. Fly
50 Yd. Fly
100 Yd. Fly
200 Yd. Fly
100 Yd. I. M.
200 Yd. I. M.
400 Yd. I. M.
3000 Yd. Free
6000 Yd. Free
1 hr Yd. Free
300 Yd. Pentathlon
600 Yd. Pentathlon
1200 Yd. Pentathlon
2250 Yd. Brute

MEN 80-84

35.94	George Thayer	4/30/16
1:32.67	Ralph Mohr	4/2/22
3:12.41	Ralph Mohr	4/2/22
8:24.72	Ralph Mohr	4/1/22
16:59.44	Ralph Mohr	4/1/22
28:11.28	Ralph Mohr	4/1/22
41.83	George Thayer	4/29/16
1:37.78	George Thayer	4/30/16
3:46.80	George Thayer	2/21/16
48.41	George Thayer	4/30/16
2:02.01	George Thayer	4/3/16
50.54	Ralph Mohr	4/2/22
52:07.58	Ralph Mohr	11/15/21
3560 yds	Ralph Mohr	1/31/21

WOMEN 85-89

25 Yd. Free
50 Yd. Free
100 Yd. Free
200 Yd. Free
500 Yd. Free
1000 Yd. Free
1650 Yd. Free
25 Yd. Back
50 Yd. Back
100 Yd. Back
200 Yd. Back
25 Yd. Breast
50 Yd. Breast
100 Yd. Breast
200 Yd. Breast
25 Yd. Fly
50 Yd. Fly
100 Yd. Fly
200 Yd. Fly
100 Yd. I. M.
200 Yd. I. M.
400 Yd. I. M.
3000 Yd. Free
6000 Yd. Free
1 hr Yd. Free
300 Yd. Pentathlon
600 Yd. Pentathlon
1200 Yd. Pentathlon
2250 Yd. Brute

MEN 85-89

COMA Individual Records (Short Course Yards) -- as of 8/20/2023

WOMEN 90-94

25 Yd. Free
 50 Yd. Free
 100 Yd. Free
 200 Yd. Free
 500 Yd. Free
 1000 Yd. Free
 1650 Yd. Free
 25 Yd. Back
 50 Yd. Back
 100 Yd. Back
 200 Yd. Back
 25 Yd. Breast
 50 Yd. Breast
 100 Yd. Breast
 200 Yd. Breast
 25 Yd. Fly
 50 Yd. Fly
 100 Yd. Fly
 200 Yd. Fly
 100 Yd. I. M.
 200 Yd. I. M.
 400 Yd. I. M.
 3000 Yd. Free
 6000 Yd. Free
 1 hr Yd. Free
 300 Yd. Pentathlon
 600 Yd. Pentathlon
 1200 Yd. Pentathlon
 2250 Yd. Brute

MEN 90-94

WOMEN 95-99

25 Yd. Free
 50 Yd. Free
 100 Yd. Free
 200 Yd. Free
 500 Yd. Free
 1000 Yd. Free
 1650 Yd. Free
 25 Yd. Back
 50 Yd. Back
 100 Yd. Back
 200 Yd. Back
 25 Yd. Breast
 50 Yd. Breast
 100 Yd. Breast
 200 Yd. Breast
 25 Yd. Fly
 50 Yd. Fly
 100 Yd. Fly
 200 Yd. Fly
 100 Yd. I. M.
 200 Yd. I. M.
 400 Yd. I. M.
 3000 Yd. Free
 6000 Yd. Free
 1 hr Yd. Free
 300 Yd. Pentathlon
 600 Yd. Pentathlon
 1200 Yd. Pentathlon
 2250 Yd. Brute

MEN 95-99

51.30	Willard Lamb	4/3/22
1:58.91	Willard Lamb	4/3/22
4:34.19	Willard Lamb	4/2/22
59.57	Willard Lamb	4/3/22
2:21.13	Willard Lamb	4/2/22
4:37.99	Willard Lamb	4/2/22
1:46.27	Willard Lamb	4/2/22

COMA Relay Records (Short Course Yards) -- as of 8/20/2023

200 Yard (4 x 50) FREE RELAY - WOMEN

<u>18+</u>	<u>25+</u>	<u>35+</u>	<u>45+</u>	<u>55+</u>	<u>65+</u>	<u>75+</u>
1:55.76	1:50.44	1:45.00	1:53.12	1:58.37	3:06.19	
Laura Schob	Jenny Marine	Karen Allen	Stacey Kiefer	Valerie Jenkins	Judy Ziemer	
Cyndi Smidt	Sara Quan	Michelle Morrel	Jayette Pe Gillian Sal	Nancy Vincent	Janet Gettling	
Garen Mattioda	Kelly Gouldson	Barb Harris	Cheryl Morger	Arlene Delmage	Kaleo Schroder	
Kelly Gouldson	Shelley Blain-Reimer	Cynthia Chilcott	Beth Martell	Susie Rabiah	Peggy Whiter	
3/18/01	4/4/04	5/16/99	5/20/23	4/2/22	4/8/17	

400 Yard (4 x 100) FREE RELAY - WOMEN

<u>18+</u>	<u>25+</u>	<u>35+</u>	<u>45+</u>	<u>55+</u>	<u>65+</u>	<u>75+</u>
4:00.42	4:16.48	4:16.76	4:27.35	5:50.08		
Amy Ward	Elizabeth Hendersor	Connie Austin	Madeleine Holmberg	Cathy Imwalle		
Hillary Madsor	Laura Schob	Robin Lewis	Pamela Zigler	Pam Himstreet		
Jenny Marine	Amy Halligan	Cheryl Morger	Laura Schob	Peggie Hodge		
Kelsey Holmberg	Barb Harris	Stephanie Schultz	Barb Harris	Kaleo Schroder		
4/9/05	3/4/00	4/9/05	4/9/05	4/9/05		

800 Yard (4 x 200) FREE RELAY - WOMEN

<u>18+</u>	<u>25+</u>	<u>35+</u>	<u>45+</u>	<u>55+</u>	<u>65+</u>	<u>75+</u>
	9:12.75	9:04.08	9:56.04	12:47.67		
	Tamara Houston	Kristine Senkier	Laura Schob	Peggie Hodge		
	Elizabeth Strausbauç	Robin Lewis	Madeleine Holmberg	Diane Cardwel		
	Janette Wells	Cheryl Morger	Mary Phillips	Jeannie Groesz		
	Sara Nelson	Stephanie Schultz	Kris Denney	Deborah Hodessor		
	4/21/07	4/21/07	4/21/07	4/21/07		

200 Yard (4 x 50) MEDLEY RELAY - WOMEN

<u>18+</u>	<u>25+</u>	<u>35+</u>	<u>45+</u>	<u>55+</u>	<u>65+</u>	<u>75+</u>
2:11.49	2:01.63	2:00.60	2:13.98	2:36.74		
Angela Fults	Tori Barber	Cynthia Chilcott	Teri Hendryx	Teri Hendryx		
Robin Lewis	Tara Godlove	Michelle Morrel	Barb Harris	Deb Hodessor		
Hillary Madsor	Tamara Houston	Barb Harris	Deidre Straley	Madeleine Holmberg		
Donna Raymond	Christine Rudge	Karen Allen	Pam Zigler	Leslie Weigand		
4/23/06	4/23/06	5/16/99	4/23/06	4/18/09		

400 Yard (4 x 100) MEDLEY RELAY - WOMEN

<u>18+</u>	<u>25+</u>	<u>35+</u>	<u>45+</u>	<u>55+</u>	<u>65+</u>	<u>75+</u>
4:37.44		5:00.07	5:11.95	6:36.76		
Amy Ward		Kristine Senkier	Barb Harris	Cathy Imwalle		
Hillary Madsor		Robin Lewis	Madeleine Holmberg	Pam Himstreet		
Jenny Marine		Stephanie Schultz	Mary Phillips	Peggie Hodge		
Kelsey Holmberg		Cyndi Smidt	Kris Denney	Kaleo Schroder		
4/9/05		4/22/07	4/22/07	4/9/05		

COMA Relay Records (Short Course Yards) -- as of 8/20/2023

200 Yard FREE RELAY - MEN

18+	25+	35+	45+	55+	65+	75+
1:33.41	1:34.17	1:35.56	1:39.20	1:43.34	1:59.67	
Mike Burton Phil Reget Kevin Ferreira Rob Higley 4/9/00	Wil Fitzpatrick Scot Elliott Tom Fristoe Hardy Lussier 4/19/09	Kevin Ferreira John Gesner Stephen Williams Hardy Lussier 4/22/06	Steve Mann Bob Bruce Eric Steinhauff Mike Tennant 4/22/06	Steve Mann Tom Landis Bob Bruce Mike Tennant 4/10/10	Tom Landis George Thayer Mike Garibald Bob Bruce 4/5/14	

400 Yard FREE RELAY - MEN

18+	25+	35+	45+	55+	65+	75+
	3:35.78	3:55.40	3:49.01	4:26.68		
	Kevin Sivertson Pieter Bergmans Scot Elliott Phil Reget 4/10/05	Eric Steinhauff Bob Bruce Tom Landis Steve Mann 3/4/00	Doug Asbury Mike Tennant Steve Mann Mike Douglas 4/10/05	Bob Bruce Brent Lake George Thayer Tom Landis 4/10/05		

800 Yard FREE RELAY - MEN

18+	25+	35+	45+	55+	65+	75+
		7:57.22	8:25.20			
		Tim Nelson Steve Mann John Gessner Hardy Lussier 4/21/07	Tom Landis Eric Steinhauff Doug Asbury Kris Calvin 4/21/07			

200 Yard MEDLEY RELAY - MEN

18+	25+	35+	45+	55+	65+	75+
1:48.09	1:43.81	1:44.93	1:50.92	1:58.51	2:15.06	
Kevin Ferreira Joe Daniels Phil Reget Keith Richards 3/18/01	Nic Morrell Jacob Swinn Tyler Clikeman Matt Gilman 5/21/23	Kevin Ferreira Stephen Williams John Gessner Hardy Lussier 4/23/06	Kris Calvin Tom Fristoe Gary Oliver Jim Ivelich 4/18/09	Steve Mann Bob Bruce Tom Landis Mike Tennant 4/18/09	Dan Kirkland Peter Metzger Doug Brockbank Bob Bruce 4/3/22	

400 Yard MEDLEY RELAY - MEN

18+	25+	35+	45+	55+	65+	75+
	3:59.66	4:01.53	4:29.24	4:53.06		
	Kevin Sivertson Phil Reget Scott Elliott Pieter Bergmans 4/9/05	Kevin Ferreira Hardy Lussier John Gessner Steve Mann 4/22/07	Steve Mann Mike Tennant Doug Asbury Mike Douglas 4/9/05	Brent Lake Bob Bruce Tom Landis George Thayer 4/9/05		

COMA Relay Records (Short Course Yards) -- as of 8/20/2023

200 Yard (4 x 50) FREE RELAY - MIXED

18+	25+	35+	45+	55+	65+	75+
1:42.99	1:41.71	1:41.62	1:46.42	1:53.37	2:15.90	
Mike Burton Phil Reget Amy Halligan Kristin Juba 4/8/00	Nic Morrell Kelly Giebelhaus Stacey Kiefer Tyler Clikeman 5/21/23	John Gessner Connie Austin Karen Allen Hardy Lussier 4/3/04	Steve Mann Mary Sweat Diedre Straley Mike Tennant 4/10/04	Steve Mann Madeleine Holmberg Teri Hendryx Mike Tennant 4/18/09	Janet Gettling David Roach Sue White Bob Bruce 5/21/23	

400 Yard (4 x 100) FREE RELAY - MIXED

18+	25+	35+	45+	55+	65+	75+
3:55.07	3:41.64	4:05.04	4:05.95	4:29.43	5:48.45	
Pieter Bergmans Hillary Madsor Kelsey Holmberg Scott Elliott 4/9/05	Phil Reget Jenny Marine Amy Ward Kevin Sivertson 4/9/05	Roland Giller Connie Austin Stephanie Schultz Rob Higley 4/9/05	Mike Tennant Laura Schob Barb Harris Steve Mann 4/9/05	Tom Landis Cathy Imwalle Pam Himstreet Bob Bruce 4/9/05	Brent Lake George Thayer Kaleo Schroder Peggie Hodge 4/9/05	

800 Yard (4 x 200) FREE RELAY - MIXED

18+	25+	35+	45+	55+	65+	75+
8:21.00		8:31.14		10:33.15	13:40.63	
Wil Fitzpatrick Angela Coburn Tamara Houston Scot Elliott 4/22/07		Stephanie Schultz Kristine Senkier John Gessner Kris Calvin 4/22/07		Deborah Hodessor Pam Himstreet Bob Bruce Tom Landis 4/22/07	Kaleo Schroder Peggie Hodge George Thayer Ralph Mohr 4/22/07	

200 Yard (4 x 50) MEDLEY RELAY - MIXED

18+	25+	35+	45+	55+	65+	75+
1:55.64	1:50.69	1:53.42	1:58.12	2:08.15	2:37.26	
Kevin Ferreira Sara Quan Kelly Gouldson Keith Richards 3/18/01	Nic Morrell Jacob Swinn Stacey Kiefer Beth Martell 5/20/23	Kevin Ferreira Stephen Williams Cheryl Morger Stephanie Schultz 4/22/06	Beth Martell Rick Howell Gabe Duus Cheryl Morger 4/2/22	Teri Hendryx Steve Mann Mike Tennant Madeleine Holmberg 4/19/09	Bob Bruce Janet Gettling David Roach Sue White 5/20/23	

400 Yard (4 x 100) MEDLEY RELAY - MIXED

18+	25+	35+	45+	55+	65+	75+
4:31.33	4:14.11	4:09.76	4:33.80	5:10.41	6:42.55	
Kelsey Holmberg Pieter Bergmans Scott Elliott Hillary Madsor 4/9/05	Kevin Sivertson Phil Reget Jenny Marine Amy Ward 4/9/05	Kristine Senkier Hardy Lussier John Gessner Stephanie Schultz 4/21/07	Barb Harris Mike Riley Kris Calvin Kris Denney 4/21/07	Bob Bruce Cathy Imwalle Tom Landis Pam Himstreet 4/9/05	Brent Lake George Thayer Peggy Hodge Kaleo Schroder 4/9/05	